

Up Here Parents Guide



Up Here Parents Guide: A Comprehensive Look at the Musical

Are you considering taking your family to see the musical "Up Here"? This comprehensive parents' guide will equip you with everything you need to know before you go, ensuring a smooth and enjoyable experience for everyone. From understanding the show's themes and content to practical tips for a family outing, this guide covers it all. We'll explore the age appropriateness, potential triggers, and logistical information, helping you make an informed decision about whether "Up Here" is the right show for your family.

Understanding "Up Here": A Synopsis for Parents

"Up Here" is a new musical exploring the complexities of modern relationships in New York City. It weaves together multiple interwoven stories, focusing on the emotional journeys of young adults navigating love, life, and the challenges of self-discovery in a bustling urban environment. Unlike some musicals with clear-cut narratives, "Up Here" presents a more nuanced and realistic portrayal of relationships, filled with both heartwarming moments and relatable struggles. This approach allows for a deeper exploration of themes that resonate with a mature audience, but certain aspects may not be appropriate for very young children.

Themes Explored in "Up Here"

The musical tackles several significant themes, including:

Love and Relationships: The show delves into the various facets of love, from the initial excitement

and vulnerability to the inevitable complexities and potential heartbreaks. Expect portrayals of different relationship dynamics, some healthy and others challenging.

Self-Discovery and Identity: The characters grapple with their identities, aspirations, and the pressure to conform to societal expectations. This exploration of self-discovery can be both inspiring and thought-provoking for older audiences.

Mental Health: While not explicitly the central theme, the show touches upon aspects of anxiety, self-doubt, and the struggles of navigating life's uncertainties. This realistic portrayal can spark meaningful conversations within families.

Modern Life in the City: The setting of New York City adds another layer to the narrative, depicting the fast-paced lifestyle, diverse communities, and the challenges of finding one's place in a big city.

Age Appropriateness: Who Should See "Up Here"?

Determining the appropriate age for "Up Here" depends largely on your family's values and comfort levels. While the show doesn't contain explicit content, some scenes and themes might be challenging for younger viewers. We recommend "Up Here" for audiences aged 13 and up. Younger children might find the complex emotional landscapes and interwoven narratives difficult to follow. Parents with older teens might find it a valuable opportunity for open discussion about relationships and life's challenges.

Practical Tips for Your Family Outing to "Up Here"

Planning a successful family trip to the theatre involves more than just buying tickets. Consider these practical tips:

Pre-Show Preparation:

Read reviews and summaries: Familiarize yourselves with the show's general plot and themes beforehand. This can help manage expectations and prepare for potential discussions afterward.

Discuss expectations: Have a conversation with your children about what to expect. Set clear expectations for behavior during the performance.

Plan transportation and parking: Allow ample time for travel and parking, especially if attending a popular show.

During the Show:

Engage your children: Encourage them to pay attention to the story and characters. Use the

performance as a springboard for conversations about the themes.

Be mindful of others: Remember to respect other audience members. Shushing a child is sometimes necessary to ensure everyone enjoys the show.

Have a plan for disruptions: If your child becomes restless or needs a break, have a plan for exiting the theatre discreetly.

Post-Show Discussion:

Reflect on the experience: After the show, engage in a family discussion about what you enjoyed, what surprised you, and what you learned.

Connect the themes to real life: Use the show as a springboard for conversations about real-life relationships, challenges, and personal growth.

Conclusion: Is "Up Here" Right for Your Family?

"Up Here" offers a unique and engaging theatrical experience, exploring complex yet relatable themes. While the show's mature themes suggest it's more suitable for older teens and adults, with careful preparation and post-show discussions, families with mature younger teens might find it a rewarding and thought-provoking experience. Ultimately, the decision rests on your family's individual values and preferences. Use this guide to inform your decision and make the most of your family's theatrical outing.

FAQs

Q1: Are there any potentially upsetting scenes in "Up Here"? A1: While the show doesn't contain graphic content, some scenes may depict emotional struggles and relationship difficulties that could be upsetting for sensitive viewers.

Q2: Is "Up Here" suitable for young children? A2: No, "Up Here" is generally not recommended for young children due to its mature themes and complex narratives. Older teens (13+) might be better suited to appreciate and understand the show's content.

Q3: How long is the show? A3: The exact runtime may vary, but expect the show to be approximately 2 hours, including an intermission.

Q4: What is the overall tone of the musical? A4: "Up Here" blends moments of humor, romance, and heartfelt emotion. While dealing with serious themes, the overall tone is hopeful and optimistic.

Q5: Where can I find tickets? A5: Tickets are typically available through the official theatre's website or through reputable ticket resale platforms. Check the official website for the most accurate and

up-to-date information.

up here parents guide: The Parent's Guide to Down Syndrome Jen Jacob, Mardra Sikora, 2015-12-04 Help your child succeed and thrive! As a parent of a child diagnosed with Down syndrome, you may be feeling unsure of what to do next or where your child's journey will take you. In this book, authors Jen Jacob and Mardra Sikora share their experiences and guide you through life with Ds with expert advice from diagnosis to adulthood. Each page teaches you ways to support your child through major milestones; nurture their development; and ensure that they succeed behaviorally, socially, and cognitively. You'll also find valuable information on: Sharing the news with loved ones Transitioning into primary school Developing your child's social skills Discussing future opportunities, including employment and housing options With The Parent's Guide to Down Syndrome, you will have the tools you need to raise a happy, healthy, and thriving child.

up here parents guide: *Red Rising* Pierce Brown, 2014-01-28 NEW YORK TIMES BESTSELLER • Pierce Brown's relentlessly entertaining debut channels the excitement of *The Hunger Games* by Suzanne Collins and *Ender's Game* by Orson Scott Card. "Red Rising ascends above a crowded dystopian field."—USA Today ONE OF THE BEST BOOKS OF THE YEAR—Entertainment Weekly, BuzzFeed, Shelf Awareness "I live for the dream that my children will be born free," she says. "That they will be what they like. That they will own the land their father gave them." "I live for you," I say sadly. Eo kisses my cheek. "Then you must live for more." Darrow is a Red, a member of the lowest caste in the color-coded society of the future. Like his fellow Reds, he works all day, believing that he and his people are making the surface of Mars livable for future generations. Yet he toils willingly, trusting that his blood and sweat will one day result in a better world for his children. But Darrow and his kind have been betrayed. Soon he discovers that humanity reached the surface generations ago. Vast cities and lush wilds spread across the planet. Darrow—and Reds like him—are nothing more than slaves to a decadent ruling class. Inspired by a longing for justice, and driven by the memory of lost love, Darrow sacrifices everything to infiltrate the legendary Institute, a proving ground for the dominant Gold caste, where the next generation of humanity's overlords struggle for power. He will be forced to compete for his life and the very future of civilization against the best and most brutal of Society's ruling class. There, he will stop at nothing to bring down his enemies . . . even if it means he has to become one of them to do so. Praise for *Red Rising* "[A] spectacular adventure . . . one heart-pounding ride . . . Pierce Brown's dizzyingly good debut novel evokes *The Hunger Games*, *Lord of the Flies*, and *Ender's Game*. . . . [Red Rising] has everything it needs to become meteoric."—Entertainment Weekly "Ender, Katniss, and now Darrow."—Scott Sigler "Red Rising is a sophisticated vision. . . . Brown will find a devoted audience."—Richmond Times-Dispatch Don't miss any of Pierce Brown's Red Rising Saga: RED RISING • GOLDEN SON • MORNING STAR • IRON GOLD • DARK AGE • LIGHT BRINGER

up here parents guide: *Cinder* Marissa Meyer, 2013-01-08 Queen Levana is a ruler who uses her 'glamour' to gain power. but long before she crossed paths with Cinder, Scarlet, and Cress, Levana lived a very different story - a story that has never been told ... until now.

up here parents guide: *The Dragonet Prophecy (Wings of Fire #1)* Tui T. Sutherland, 2012-07-01 A thrilling new series soars above the competition and redefines middle-grade fantasy fiction for a new generation!The seven dragon tribes have been at war for generations, locked in an endless battle over an ancient, lost treasure. A secret movement called the Talons of Peace is determined to bring an end to the fighting, with the help of a prophecy -- a foretelling that calls for great sacrifice.Five dragonets are collected to fulfill the prophecy, raised in a hidden cave and enlisted, against their will, to end the terrible war.But not every dragonet wants a destiny. And when the select five escape their underground captors to look for their original homes, what has been unleashed on the dragon world may be far more than the revolutionary planners intended . . .

up here parents guide: *The Giver* Lois Lowry, 2014 *The Giver*, the 1994 Newbery Medal winner, has become one of the most influential novels of our time. The haunting story centers on

twelve-year-old Jonas, who lives in a seemingly ideal, if colorless, world of conformity and contentment. Not until he is given his life assignment as the Receiver of Memory does he begin to understand the dark, complex secrets behind his fragile community. This movie tie-in edition features cover art from the movie and exclusive Q&A with members of the cast, including Taylor Swift, Brenton Thwaites and Cameron Monaghan.

up here parents guide: The House on Mango Street Sandra Cisneros, 2013-04-30
NATIONAL BESTSELLER • A coming-of-age classic about a young girl growing up in Chicago • Acclaimed by critics, beloved by readers of all ages, taught in schools and universities alike, and translated around the world—from the winner of the 2019 PEN/Nabokov Award for Achievement in International Literature. “Cisneros draws on her rich [Latino] heritage...and seduces with precise, spare prose, creat[ing] unforgettable characters we want to lift off the page. She is not only a gifted writer, but an absolutely essential one.” —The New York Times Book Review The House on Mango Street is one of the most cherished novels of the last fifty years. Readers from all walks of life have fallen for the voice of Esperanza Cordero, growing up in Chicago and inventing for herself who and what she will become. “In English my name means hope,” she says. “In Spanish it means too many letters. It means sadness, it means waiting. Told in a series of vignettes—sometimes heartbreaking, sometimes joyous—Cisneros’s masterpiece is a classic story of childhood and self-discovery and one of the greatest neighborhood novels of all time. Like Sinclair Lewis’s Main Street or Toni Morrison’s Sula, it makes a world through people and their voices, and it does so in language that is poetic and direct. This gorgeous coming-of-age novel is a celebration of the power of telling one’s story and of being proud of where you’re from.

up here parents guide: A Parent's Guide to Snapchat Axis, 2018-08-01 Why are teens so obsessed with Snapchat? And what do they even do on it? This guide will help you better understand the app itself, why it’s appealing, and how to have conversations about it with your teens. Parent Guides are your one-stop shop for biblical guidance on teen culture, trends, and struggles. In 15 pages or fewer, each guide tackles issues your teens are facing right now—things like doubts, the latest apps and video games, mental health, technological pitfalls, and more. Using Scripture as their backbone, these Parent Guides offer compassionate insight to teens’ world, thoughts, and feelings, as well as discussion questions and practical advice for impactful discipleship.

up here parents guide: The Parent's Guide to Birdnesting Ann Gold Buscho, 2020-09-01 Take coparenting to the next level and provide a stable environment for your children as you and your spouse begin tackling your separation or divorce. For parents who are separating and want to put their children first, birdnesting could be the interim custody solution you’ve been looking for. Instead of the children splitting their time being shuttled between mom and dad’s separate homes, birdnesting allows the children to stay in the “nest” and instead, requires mom and dad to swap, allowing each parent to stay elsewhere when not with the children. Initially popularized by celebrities, this method of coparenting is now becoming more mainstream as a way to help ease children into a new family dynamic. Birdnesting takes work and commitment but with Dr. Ann Gold Buscho’s guidance, you’ll learn everything you need to know about this revolutionary method. In The Parent’s Guide to Birdnesting, you will discover the pros and cons, the financial and interpersonal considerations, and if it’s the right decision for you and your family.

up here parents guide: The Catcher in the Rye J. D. Salinger, 2024-06-28 The Catcher in the Rye, written by J.D. Salinger and published in 1951, is a classic American novel that explores the themes of adolescence, alienation, and identity through the eyes of its protagonist, Holden Caulfield. The novel is set in the 1950s and follows Holden, a 16-year-old who has just been expelled from his prep school, Pencey Prep. Disillusioned with the world around him, Holden decides to leave Pencey early and spend a few days alone in New York City before returning home. Over the course of these days, Holden interacts with various people, including old friends, a former teacher, and strangers, all the while grappling with his feelings of loneliness and dissatisfaction. Holden is deeply troubled by the “phoniness” of the adult world and is haunted by the death of his younger brother, Allie, which has left a lasting impact on him. He fantasizes about being “the

catcher in the rye," a guardian who saves children from losing their innocence by catching them before they fall off a cliff into adulthood. The novel ends with Holden in a mental institution, where he is being treated for a nervous breakdown. He expresses some hope for the future, indicating a possible path to recovery..

up here parents guide: *The Conscious Parent's Guide to Gender Identity* Darlene Tando, 2016-07 Guide for parents about how to approach a child's gender expansiveness and help their child understand and transition to a new gender identity--

up here parents guide: *A Parent's Guide to Harry Potter* Gina Burkart, 2005-01-01 Explores the Christian parallels within the themes of the Harry Potter books and explains how parents can use these stories to address everyday issues and challenges with children.

up here parents guide: *The Parents' Guide to ADHD Medicines* Peter Hill, 2021-04-21 This reassuring guide explains prescribed ADHD medicines for children in clear, everyday language. Based on questions the author has received from countless families in his work as a Consultant Psychiatrist, the expert information in this book answers the most pressing questions a parent will have about ADHD medicines: how they work, what they do, what is available and how to talk about them to your children. This book sheds light on why not all medicines are easily available, the differences between certain medications and their level of effectiveness, all based on scientific evidence. This information will support parents in discussions with medical professionals, explaining the practicalities and demystifying the terminology around medication and treatments. The book also provides insights into the decisions behind prescribing certain medicines and how they should be taken. Armed with this guide, parents - as well as teachers and others working with kids with ADHD - can feel confident and assured when their child is prescribed treatments for ADHD.

up here parents guide: *Start Here* Autistic Self Advocacy Network, 2021-04-02 When you are starting to learn about autism, it's easy to feel overwhelmed. You might have heard negative things about autism, or feel worried about your child's future. But it is going to be okay. Your kid is still the same kid they were before you knew they were autistic. All the things you love about them haven't changed. Now that you know that they are autistic, you are going to be able to understand them better. That's what this booklet is for. We'll tell you the facts about autism. We'll talk about how to find good services, and about your kid's rights in school. Most importantly, we'll talk about how to support your autistic child as they learn and grow.

up here parents guide: *Parent Like a Pediatrician* Rebekah Diamond, 2022-09-27 Rebekah Diamond, M.D., the pediatrician, working mom, and parent advocate trusted by Parents magazine and NBC for her adept advice, expertly guides you through the noise to share her fresh, inclusive, sensible, no-nonsense take on making the right choices when it comes the first 12 months of your child's life. Becoming a new parent in the age of online advice can be a minefield of confusion, worries, and fears amplified by myths, misinformation, and too much information. As an experienced pediatrician, Rebekah Diamond is deeply grounded in a fact-based understanding of child healthcare. As a mother, she also understands that the accepted rules aren't always the solution to the challenges of nurturing a healthy new baby. But neither is the overload of relatable but often dangerously misleading information bombarding parents. So how do you trust yourself to make the best decisions for your child? With authoritative up-to-date research and real-world advice on the myriad obstacles facing moms, dads, and caregivers, Dr. Diamond unpacks the whys behind the facts to empower your best parental instincts. From safe-sleep guidelines, breast feeding, and binky addiction to sensory developmental activities, baby products, and the final—and 100% evidence-based—word on the vaccination debate, Dr. Diamond helps parents cultivate the clarity and sound decisions you need to lessen the anxiety (for parent and baby) around what should be the joyful, connecting early months of life. Parenting can be nerve-racking, even for the parents who feel prepared and ready. The truth is, no one is completely ready or knows the answers to every potential problem or situation that arises in a child's life.... *Parent Like a Pediatrician* has the capability to put a pregnant or new mom at ease. —Portland Book Review

up here parents guide: *Ivy + Bean* Annie Barrows, 2011-08 Originally published: San

Francisco, Calif.: Chronicle Books, 2006.

up here parents guide: *Travellin' Mama: A Parent's Guide to Ditching the Routine, Seeing the World, and Taking the Kids Along for the Ride* Nancy Harper, 2012-02-08 A lighthearted guide to long-haul travel with children...from a mom who knows best.

up here parents guide: *Before We Were Strangers* Renée Carlino, 2015-08-18 From the USA TODAY bestselling author of *Sweet Thing* and *Nowhere But Here* comes a love story about a Craigslist "missed connection" post that gives two people a second chance at love fifteen years after they were separated in New York City. To the Green-eyed Lovebird: We met fifteen years ago, almost to the day, when I moved my stuff into the NYU dorm room next to yours at Senior House. You called us fast friends. I like to think it was more. We lived on nothing but the excitement of finding ourselves through music (you were obsessed with Jeff Buckley), photography (I couldn't stop taking pictures of you), hanging out in Washington Square Park, and all the weird things we did to make money. I learned more about myself that year than any other. Yet, somehow, it all fell apart. We lost touch the summer after graduation when I went to South America to work for National Geographic. When I came back, you were gone. A part of me still wonders if I pushed you too hard after the wedding... I didn't see you again until a month ago. It was a Wednesday. You were rocking back on your heels, balancing on that thick yellow line that runs along the subway platform, waiting for the F train. I didn't know it was you until it was too late, and then you were gone. Again. You said my name; I saw it on your lips. I tried to will the train to stop, just so I could say hello. After seeing you, all of the youthful feelings and memories came flooding back to me, and now I've spent the better part of a month wondering what your life is like. I might be totally out of my mind, but would you like to get a drink with me and catch up on the last decade and a half? M

up here parents guide: *The Ordinary Parent's Guide to Teaching Reading (The Ordinary Parent's Guide)* Jessie Wise, Sara Buffington, 2004-10-17 A plain-English guide to teaching phonics. Every parent can teach reading—no experts need apply! Too many parents watch their children struggle with early reading skills—and don't know how to help. Phonics programs are too often complicated, overpriced, gimmicky, and filled with obscure educationalese. The Ordinary Parent's Guide to Teaching Reading cuts through the confusion, giving parents a simple, direct, scripted guide to teaching reading—from short vowels through supercalifragilisticexpialidocious. This one book supplies parents with all the tools they need. Over the years of her teaching career, Jessie Wise has seen good reading instruction fall prey to trendy philosophies and political infighting. Now she has teamed with dynamic coauthor Sara Buffington to supply parents with a clear, direct phonics program—a program that gives them the know-how and confidence to take matters into their own hands.

up here parents guide: *The Parents' Guide to Specific Learning Difficulties* Veronica Bidwell, 2016-05-19 Packed full of advice and practical strategies for parents and educators, this book is a one-stop-shop for supporting children with Specific Learning Difficulties (SpLDs). Part one introduces a spectrum of SpLDs, ranging from poor working memory, dyslexia, dyspraxia, dyscalculia, through to ADHD, Autism Spectrum Disorder (ASD), Auditory Processing Disorder (APD), Specific Language Impairment and Visual Processing Difficulty. It explains clearly what each difficulty is, how it can affect a child's learning and how to help a child to succeed despite their difficulties. Part two includes a host of tips, tools and strategies to support your child's efforts in areas such as reading, writing, spelling and handwriting, as well as advice on motivation, confidence and managing life's setbacks. Written by an experienced Educational Psychologist, this is the perfect guide for parents and carers who are looking for ways to support their child's learning, as well as for educators and teachers looking for advice on how to differentiate lessons and motivate pupils with SpLDs.

up here parents guide: *The Go-To Mom's Parents' Guide to Emotion Coaching Young Children* Kimberley Blaine, 2010-07-15 From the producer of the popular on line The Go-To Mom.TV, comes a handy guide filled with practical tips that reject old-fashioned discipline and instead use empathy and emotion coaching, a more effective, open-hearted method of support and positive change. Blaine

shows how to put in place life-changing solutions and access previously untapped resources. This book is written for parents who struggle to solve the day-to-day problems of raising kids. She offers emotion coaching solutions for dealing with tantrums, nightmares, hitting, bedtime, whining, bedwetting potty training, shyness, and anger.

up here parents guide: Golden Son Pierce Brown, 2015-01-06 NEW YORK TIMES BESTSELLER • Red Rising hit the ground running and wasted no time becoming a sensation. Golden Son continues the stunning saga of Darrow, a rebel forged by tragedy, battling to lead his oppressed people to freedom. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY NPR, BUZZFEED, AND BOOKLIST • “Gripping . . . On virtually every level, this is a sequel that hates sequels—a perfect fit for a hero who already defies the tropes. [Grade:] A”—Entertainment Weekly As a Red, Darrow grew up working the mines deep beneath the surface of Mars, enduring backbreaking labor while dreaming of the better future he was building for his descendants. But the Society he faithfully served was built on lies. Darrow’s kind have been betrayed and denied by their elitist masters, the Golds—and their only path to liberation is revolution. And so Darrow sacrifices himself in the name of the greater good for which Eo, his true love and inspiration, laid down her own life. He becomes a Gold, infiltrating their privileged realm so that he can destroy it from within. A lamb among wolves in a cruel world, Darrow finds friendship, respect, and even love—but also the wrath of powerful rivals. To wage and win the war that will change humankind’s destiny, Darrow must confront the treachery arrayed against him, overcome his all-too-human desire for retribution—and strive not for violent revolt but a hopeful rebirth. Though the road ahead is fraught with danger and deceit, Darrow must choose to follow Eo’s principles of love and justice to free his people. He must live for more. Praise for Golden Son “Stirring . . . Comparisons to The Hunger Games and Game of Thrones series are inevitable, for this tale has elements of both.”—Kirkus Reviews “Brown writes layered, flawed characters . . . but plot is his most breathtaking strength. . . . Every action seems to flow into the next.”—NPR Don’t miss any of Pierce Brown’s Red Rising Saga: RED RISING • GOLDEN SON • MORNING STAR • IRON GOLD • DARK AGE • LIGHT BRINGER

up here parents guide: On the Edge of the Dark Sea of Darkness Andrew Peterson, 2008-08-19 PUBLISHERS WEEKLY AND ECPA BESTSELLER • Once, in a cottage above the cliffs on the Dark Sea of Darkness, there lived three children and their trusty dog, Nugget. NOW AN ANIMATED SERIES • Based on Andrew Peterson’s epic fantasy novels—starring Jody Benson, Henry Ian Cusick, and Kevin McNally. Executive Producer J. Chris Wall with Shining Isle Productions, and distributed by Angel Studios. Janner Igiby, his brother, Tink, and their disabled sister, Leeli, are gifted children as all children are, loved well by a noble mother and ex-pirate grandfather. But they will need all their gifts and all that they love to survive the evil pursuit of the venomous Fangs of Dang, who have crossed the dark sea to rule the land with malice. The Igibys hold the secret to the lost legend and jewels of good King Wingfeather of the Shining Isle of Anniera. Full of characters rich in heart, smarts, and courage, On the Edge of the Dark Sea of Darkness is a tale children of all ages will cherish, families can read aloud, and readers' groups are sure to enjoy discussing for its many layers of meaning.

up here parents guide: *The Everything Parent's Guide To Children With Juvenile Diabetes* Moira McCarthy, Jake Kushner, 2007-04-02 Parents of children who have been diagnosed with diabetes are faced with an overwhelming, and sometimes frightening, amount of information. The Everything Parent’s Guide to Children with Juvenile Diabetes helps readers to cope with the challenges of helping their children live happy, healthy lives while controlling the disease. Parents of children who have been diagnosed with diabetes are faced with an overwhelming, and sometimes frightening, amount of information. The Everything Parent’s Guide to Children with Juvenile Diabetes helps readers to cope with the challenges of helping their children live happy, healthy lives while controlling the disease. This reassuring, easy-to-use guide features advice on: -Adjusting to life with diabetes -Helping children take control of their health -Monitoring diet and insulin levels -Handling emergencies -Finding support for children and parents

up here parents guide: *It* Stephen King, 2019-07-30 It: Chapter Two—now a major motion

picture! Stephen King's terrifying, classic #1 New York Times bestseller, "a landmark in American literature" (Chicago Sun-Times)—about seven adults who return to their hometown to confront a nightmare they had first stumbled on as teenagers...an evil without a name: It. Welcome to Derry, Maine. It's a small city, a place as hauntingly familiar as your own hometown. Only in Derry the haunting is real. They were seven teenagers when they first stumbled upon the horror. Now they are grown-up men and women who have gone out into the big world to gain success and happiness. But the promise they made twenty-eight years ago calls them reunite in the same place where, as teenagers, they battled an evil creature that preyed on the city's children. Now, children are being murdered again and their repressed memories of that terrifying summer return as they prepare to once again battle the monster lurking in Derry's sewers. Readers of Stephen King know that Derry, Maine, is a place with a deep, dark hold on the author. It reappears in many of his books, including Bag of Bones, Hearts in Atlantis, and 11/22/63. But it all starts with It. "Stephen King's most mature work" (St. Petersburg Times), "It will overwhelm you...to be read in a well-lit room only" (Los Angeles Times).

up here parents guide: The Parents' Guide to Clubfoot Betsy Miller, 2013-03-20 About one in every thousand babies born each year has clubfoot, a disorder that affects foot and calf muscles. Because treatment usually begins soon after birth and continues for several years, parents play a key role in the treatment of clubfoot and need to be able to communicate effectively with their child's doctor. The Parents' Guide to Clubfoot is the only book about clubfoot that is written for parents so they can learn everything they need to know about their child's condition. It is an all-in-one resource with medical information, advice from parents, comments from clubfoot experts, and even an illustrated story for preschoolers that parents can read aloud to their children. Written in everyday language, the book covers clubfoot in babies and older children from diagnosis through treatment for mild to severe cases. It provides details on clubfoot, its causes, treatment and care, along with an extensive list of resources and clubfoot assessment aids. In keeping with currently preferred treatments in the U.S., it emphasizes the Ponseti method, which minimizes surgery, and includes perspectives from Ponseti-trained clubfoot doctors and parents of children with clubfoot. However, separate chapters discuss all pre-treatment and post-treatment care options and one chapter covers surgery and post-surgery care if it becomes necessary. Parents often have a hard time coping with the diagnosis of clubfoot in their newborn children, and this book reassures them that the condition is treatable. If treated correctly, the child's foot will look normal, and he or she will be fully able to walk, run, and play. Several world-class athletes, including Kristi Yamaguchi, Troy Aikman and Freddy Sanchez, were born with clubfoot. The book includes advice from children with clubfoot that highlights the positive effects of having clubfoot as a child, like getting presents after surgery, and shows active pictures of them after their treatment. As mentioned, the Ponseti method of treatment - once disregarded as quackery - is the most common method of clubfoot treatment in the United States. It involves a series of casts and braces that slowly reposition the foot. To prevent a relapse, these braces need to be worn until the age of four or five. The book provides instruction, advice and tips for caring for a child in a cast, putting on the different braces required for the Ponseti method, and solving common problems like bruising. It also includes a useful list of signs that a child's foot is relapsing. The three most important aspects of the book are: 1. It reassures parents that clubfoot is treatable and that, with the right treatment, their child's foot will look normal and he or she will be able to walk, run, and play. 2. It is important to find a doctor skilled in treating clubfoot with a nonsurgical approach. This is called the Ponseti method after the late Dr. Ponseti, who developed it. 3. Once a child's foot is corrected, following through with brace wear as directed until the age of four or five is the best way to prevent a relapse in which the foot needs to be corrected again.

up here parents guide: *How to Behave in a Crowd* Camille Bordas, 2017-08-15 A witty, heartfelt novel that brilliantly evokes the confusions of adolescence and marks the arrival of an extraordinary young talent. Isidore Mazal is eleven years old, the youngest of six siblings living in a small French town. He doesn't quite fit in. Berenice, Aurore, and Leonard are on track to have

doctorates by age twenty-four. Jeremie performs with a symphony, and Simone, older than Isidore by eighteen months, expects a great career as a novelist—she's already put Isidore to work on her biography. The only time they leave their rooms is to gather on the old, stained couch and dissect prime-time television dramas in light of Aristotle's Poetics. Isidore has never skipped a grade or written a dissertation. But he notices things the others don't, and asks questions they fear to ask. So when tragedy strikes the Mazal family, Isidore is the only one to recognize how everyone is struggling with their grief, and perhaps the only one who can help them—if he doesn't run away from home first. Isidore's unstinting empathy, combined with his simmering anger, makes for a complex character study, in which the elegiac and comedic build toward a heartbreaking conclusion. With *How to Behave in a Crowd*, Camille Bordas immerses readers in the interior life of a boy puzzled by adulthood and beginning to realize that the adults around him are just as lost.

up here parents guide: *Stereotype Threat - A Good Parent's Guide through Race* Lendell Sims, 2023-10-31 An anthology of poetry and music is where a family, that hustles for a living - within a culture of poverty, finds themselves faced with stereotypes and the threat that dictates responses and influences performance. Our current social makeup is a reflection of the diverse and interconnected world we live in. We are witnessing a shift towards more inclusive and accepting societies, but there is still our history. A history that has allowed the formation of institutions that perpetuate a hierarchy of privilege and oppression. There are those who are afforded systemic advantages and privileges that are denied to others. Uncle Josie, and his kind, live in a world with shrinking borders and different rules. Stereotype Threat affects them in different ways than the rest of us. We wrestle for identity and upward mobility. As we try to navigate through the Institution of Whiteness, Uncle Josie thumbs his nose at the notion.

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situations. Children with OCD can learn how to enjoy life—without all the worry!

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up here parents guide: Mood Prep 101 Carol Landau, 2020-07-01 Our teenagers are suffering more than ever. College counseling centers are overwhelmed, parents are worried, and mental health issues are increasingly common in young people between the ages of 12 and 20. Parents are particularly concerned about how to help their kids achieve a safe, healthy, and fulfilling college experience in light of soaring rates of depression and anxiety in young people. *Mood Prep 101: A Parent's Guide to Preventing Depression and Anxiety in College-Bound Teens* answers the question most parents have - What can we do? - when it comes to college-bound teens who may be vulnerable to anxiety and depression. Written with humor and compassion by award-winning psychologist and psychotherapist Carol Landau, this timely book empowers parents by providing strategies for helping their children psychologically prepare for college and adulthood, as well as by addressing and alleviating the anxiety parents themselves may feel about kids leaving home for the first time.

Young people need a solid foundation of parental support in order to succeed at college; as such, Landau shows parents how they can promote healthy communication and problem-solving skills, and how they can help young people learn to better regulate emotions and tolerate distress. Landau also describes stressors typical amongst college students, and explains how to identify vulnerabilities to anxiety and depression, including perfectionism, social isolation, and the feeling of being different. The book outlines how a parent can help students find a therapist and suggests such evidence-based treatments as cognitive behavior therapy (CBT) and interpersonal therapy (IPT). Finally, the book sheds light on some of the risky behaviors commonly found on today's college campuses, such as substance use and unsafe sexual relationships, and how they can exacerbate or even trigger anxiety and depression in young people. Landau concludes by calling on parents and educators to back away from the stressful, competitive focus of the college admissions process and turn instead to the values of curiosity, collaboration and empathy.

up here parents guide: The Unhoneymooners Christina Lauren, 2019-05-14 THE INSTANT NEW YORK TIMES BESTSELLER! Starred reviews from Kirkus Reviews * Publishers Weekly * Library Journal Named a "Must-Read" by TODAY, Us Weekly, Bustle, BuzzFeed, Goodreads, Entertainment Weekly, Publishers Weekly, Southern Living, Book Riot, Woman's Day, The Toronto Star, and more! For two sworn enemies, anything can happen during the Hawaiian trip of a lifetime—maybe even love—in this romantic comedy from the New York Times bestselling authors of Roomies. Olive Torres is used to being the unlucky twin: from inexplicable mishaps to a recent layoff, her life seems to be almost comically jinxed. By contrast, her sister Ami is an eternal champion...she even managed to finance her entire wedding by winning a slew of contests. Unfortunately for Olive, the only thing worse than constant bad luck is having to spend the wedding day with the best man (and her nemesis), Ethan Thomas. Olive braces herself for wedding hell, determined to put on a brave face, but when the entire wedding party gets food poisoning, the only people who aren't affected are Olive and Ethan. Suddenly there's a free honeymoon up for grabs, and Olive will be damned if Ethan gets to enjoy paradise solo. Agreeing to a temporary truce, the pair head for Maui. After all, ten days of bliss is worth having to assume the role of loving newlyweds, right? But the weird thing is...Olive doesn't mind playing pretend. In fact, the more she pretends to be the luckiest woman alive, the more it feels like she might be. With Christina Lauren's "uniquely hilarious and touching voice" (Entertainment Weekly), *The Unhoneymooners* is a romance for anyone who has ever felt unlucky in love.

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