

Disease Spread Gizmo

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mkueter / mkueter@psdschools.org

Activity A: Person-to-person transmission	Get the Gizmo ready: - Click Reset (↺). - On the CONTROLS tab under Active Diseases, turn off Foodborne and turn on Person to person. - Set the Number of people to 5.	
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Question: What factors affect how quickly a pathogen spreads from person to person?

1. **Predict:** Some pathogens are spread directly from one person to another. This can happen when people come into direct contact or share items, such as drinking glasses. What do you think might affect how quickly a pathogen is spread from person to person?

Answers will vary. [Population density and ease of transmission are the two primary factors affecting the infection rate of a disease.]

2. **Identify:** Select the **SIMULATION** tab on the left and the **TABLE** tab on the right. (You will want the table tab open to answer question C.)

A. What does the purple person represent? *An infected person*

B. Click **Play**, and observe the simulation for a while. What must happen for the disease to spread from one person to another? *People must come into direct contact*

C. How long did it take to **infect** five people? *Answers will vary.*

3. **Experiment:** Click **Reset**. Change the **Number of people** to 15. Click **Play**, and record how long it takes to infect five people. Then repeat the experiment when there are 25 people and 35 people in the room.

Results will vary. Sample data given below.

Number of people in room	Time required to infect five people (hr)
15	5.2 hr
25	4.3 hr
35	3.0 hr

4. **Interpret:** Study the data you collected. What trend do you see in the data, and how would you explain it?

As the number of people in the room increased, the time required to infect five people decreased. This most likely occurred because contact between people became more common as the room grew more crowded, thus it was easier for the pathogen to spread from one person to the next.

(Activity A continued on next page)

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Disease Spread Gizmo: Understanding and Preventing the Spread of Illness

Are you concerned about the spread of disease? In today's interconnected world, understanding how illnesses transmit is crucial. This comprehensive guide delves into the concept of a "disease spread gizmo"—not a literal device, but a metaphorical representation of the complex interplay of factors contributing to disease transmission. We'll explore the key elements involved, from pathogen characteristics to environmental conditions, empowering you with knowledge to mitigate risk and protect your health. This post will equip you with practical strategies and insights to better understand and minimize the spread of disease within your community and beyond.

H2: What is a "Disease Spread Gizmo"?

The term "disease spread gizmo" is a helpful analogy to visualize the multifaceted nature of disease transmission. It's not a physical object but a conceptual framework representing the various interconnected components that influence how illnesses spread. Think of it as a complex machine: each part, if malfunctioning or missing, can significantly impact the overall function—in this case, the transmission of disease. These parts include:

The Pathogen: This is the infectious agent itself – bacteria, viruses, fungi, or parasites. Its characteristics (e.g., virulence, mode of transmission) directly affect how easily it spreads. A highly contagious virus will have a different "gizmo" configuration than a less contagious bacteria.

The Reservoir: This is where the pathogen lives and multiplies. It could be an animal (zoonosis), a human, or the environment (soil, water). Understanding the reservoir is crucial for controlling the source of the infection.

The Mode of Transmission: This describes how the pathogen moves from the reservoir to a susceptible host. Common modes include direct contact (touching an infected person), indirect contact (touching a contaminated surface), airborne transmission (inhaling droplets), vector-borne transmission (mosquitoes, ticks), and fecal-oral transmission (contaminated food or water). This is a critical component of our "gizmo."

The Host: This is the individual who becomes infected. Factors like age, immune system strength, and pre-existing health conditions influence susceptibility to disease. A compromised immune system creates a more vulnerable "gizmo" setting.

The Environment: Environmental factors such as temperature, humidity, sanitation, and population density significantly impact disease spread. Crowded living conditions or poor sanitation create an environment ripe for disease transmission, effectively altering the "gizmo's" performance.

H2: Understanding the Interplay of Factors in the "Disease Spread Gizmo"

The effectiveness of the "disease spread gizmo" (i.e., how efficiently a disease spreads) depends on the intricate interplay of these components. For example, a highly virulent pathogen (part 1) in a densely populated area (part 5) with poor sanitation (part 5) and easily transmitted through airborne droplets (part 3) will create a highly efficient "gizmo," leading to rapid disease spread. Conversely, a less virulent pathogen in a sparsely populated area with good sanitation and effective preventative measures will have a much less effective "gizmo," resulting in slower or minimal spread.

H3: The Role of Public Health Interventions

Public health interventions act as "control knobs" on our disease spread gizmo. These interventions aim to disrupt one or more components of the transmission process, effectively slowing or stopping the spread of disease. Examples include:

Vaccination: This targets the host (part 4), strengthening their immune system and reducing susceptibility.

Sanitation improvements: This addresses the environment (part 5), reducing the reservoir and modes of transmission.

Quarantine and Isolation: These measures limit contact between infected individuals and the susceptible population, disrupting the transmission chain (part 3).

Vector Control: Targeting disease vectors like mosquitoes (part 3) reduces transmission of vector-borne illnesses.

Hygiene Practices: Simple practices like handwashing and covering coughs effectively interrupt indirect contact transmission (part 3).

H2: Building a More Robust "Disease Prevention Gizmo"

While we can't eliminate disease entirely, we can significantly strengthen our "disease prevention gizmo" through proactive measures. This involves reinforcing each component:

Promote healthy lifestyles: Strengthening the host (part 4) through proper nutrition, exercise, and stress management improves immunity.

Improve sanitation and hygiene: Addressing the environmental factors (part 5) significantly reduces the risk of transmission.

Educate communities: Raising awareness about disease transmission and prevention strategies empowers individuals to protect themselves and others.

Invest in surveillance and early detection systems: Rapid detection and response (monitoring part 1, 3, and 4) are crucial for controlling outbreaks.

H2: Conclusion

The "disease spread gizmo" is a powerful metaphor to understand the complex process of disease transmission. By appreciating the interconnectedness of the pathogen, reservoir, mode of transmission, host, and environment, we can develop more effective strategies for prevention and control. Investing in public health infrastructure, promoting healthy lifestyles, and fostering community education are crucial for building a more robust and resilient disease prevention

"gizmo," safeguarding public health for the future.

FAQs

Q1: Can we actually build a physical "disease spread gizmo"?

A1: No, the "disease spread gizmo" is a conceptual model to help understand complex interactions, not a physical device.

Q2: How does climate change affect the disease spread gizmo?

A2: Climate change alters environmental conditions (part 5), potentially expanding the range of disease vectors and impacting the transmission of various illnesses.

Q3: What role do antibiotics play in the disease spread gizmo?

A3: Antibiotics target bacterial pathogens (part 1), reducing their virulence and ability to spread, but misuse can contribute to antibiotic resistance.

Q4: How does social distancing impact the disease spread gizmo?

A4: Social distancing directly impacts the mode of transmission (part 3), reducing contact between infected and susceptible individuals.

Q5: What is the role of genetic factors in the disease spread gizmo?

A5: Genetic factors within the host (part 4) can influence susceptibility to certain pathogens, affecting the overall effectiveness of the "gizmo."

disease spread gizmo: African Swine Fever in wild boar Food and Agriculture Organization of the United Nations, 2019-09-11 The purpose of document is to provide fact based overview of ASF ecology in the Northern and Eastern European populations of wild boar and briefly describe a range of practical management and biosecurity measures or interventions, which can help stockholders in the countries experiencing large scale epidemic of this exotic disease to address the problem in a more coherent, collaborative and comprehensive way. The handbook should not be viewed as an authoritative manual providing readymade solutions on how to eradicate ASF from wild boar. The facts, observations and approaches described in the document are presented with the intention to broadly inform veterinary authorities, wildlife conservation bodies, hunting community, farmers and general public about complexity of this novel disease and the need to wisely plan and carefully coordinate any efforts aiming at its prevention and control.

disease spread gizmo: The Gizmo Hubert Bill White, 2016-08-20 The Gizmo is a comedy thriller about a veterinary technician and her female friend, a computer whiz, who together invent a device that lets lovers feel exactly what their partners feel when they have sex.

disease spread gizmo: War with the Gizmos Murray Leinster, 2019-06-27 The first battles began in the wilderness. The animals in the forests and glades struggled furiously for life and often fought with splendid courage. But they never won; they were always killed. And now it was man's turn...

disease spread gizmo: *The Codex* Douglas Preston, 2011-02-23 Greetings from the dead,' declares Maxwell Broadbent in the videotape he left behind after his mysterious disappearance. A notorious treasure hunter and tomb robber, Broadbent accumulated over half a billion dollars' worth of priceless art, gems and artefacts before vanishing - along with his entire collection - from his

mansion in New Mexico. As a final challenge to his three sons, Broadbent has buried himself and his treasure somewhere in the world, hidden away like an ancient Egyptian pharaoh. If the sons wish to claim their fabulous inheritance, they must find their father's carefully concealed tomb. The race is on, but among the treasures is an ancient Mayan codex that may hold a secret far more important than the wealth of riches around it, and the brothers aren't the only ones in pursuit.

disease spread gizmo: Zagreb Piers Letcher, Sarah Parkes, 2007 With its old-world Austro-Hungarian feel, lively street cafés and beautiful setting, Croatia's capital is the perfect short-break destination. The city's compact size and unspoilt charm make it an ideal weekend break, with a sparkling cultural scene offering everything from affordable world-class opera to free summer concerts.

disease spread gizmo: The Prokaryotes Martin Dworkin, Stanley Falkow, Eugene Rosenberg, Karl-Heinz Schleifer, Erko Stackebrandt, 2006-12-13 With the launch of its first electronic edition, The Prokaryotes, the definitive reference on the biology of bacteria, enters an exciting new era of information delivery. Subscription-based access is available. The electronic version begins with an online implementation of the content found in the printed reference work, The Prokaryotes, Second Edition. The content is being fully updated over a five-year period until the work is completely revised. Thereafter, material will be continuously added to reflect developments in bacteriology. This online version features information retrieval functions and multimedia components.

disease spread gizmo: Dictionary of the British English Spelling System Greg Brooks, 2015-03-30 This book will tell all you need to know about British English spelling. It's a reference work intended for anyone interested in the English language, especially those who teach it, whatever the age or mother tongue of their students. It will be particularly useful to those wishing to produce well-designed materials for teaching initial literacy via phonics, for teaching English as a foreign or second language, and for teacher training. English spelling is notoriously complicated and difficult to learn; it is correctly described as much less regular and predictable than any other alphabetic orthography. However, there is more regularity in the English spelling system than is generally appreciated. This book provides, for the first time, a thorough account of the whole complex system. It does so by describing how phonemes relate to graphemes and vice versa. It enables searches for particular words, so that one can easily find, not the meanings or pronunciations of words, but the other words with which those with unusual phoneme-grapheme/grapheme-phoneme correspondences keep company. Other unique features of this book include teacher-friendly lists of correspondences and various regularities not described by previous authorities, for example the strong tendency for the letter-name vowel phonemes (the names of the letters) to be spelt with those single letters in non-final syllables.

disease spread gizmo: The Doctor Will See You Now Tamer Seckin, William Croyle, 2016-03-01 Endometriosis materializes when the endometrium – the tissue that lines the inside of the uterus – sheds, but does not exit a woman's body during her period. Instead, it grows outside of the uterus, spreading to organs and nerves in and around the pelvic region. The resulting pain is so physically and emotionally insufferable that it can mercilessly dominate a woman's life. The average woman with endometriosis is twenty-seven years old before she is diagnosed. It is one of the top three causes of female infertility. The pain it emits can affect a woman's career, social life, relationships, sexual activity, sleep, and diet. It is incurable, but highly treatable. Unfortunately, though, it is rarely treated in a timely manner, if at all, because of misdiagnoses and/or a lack of education among those in the medical community. This book gives hope to everyone connected to endometriosis. That includes every woman and young girl who has it, and the women and men in their lives – the mothers, fathers, husbands, children, and friends – who know something is wrong, but do not know what it is or what to do about it. This book is written at a level that everyone with ties to this disease can relate to and understand, but it is also for doctors with good intentions who lack the knowledge of how to diagnose or treat it. The Doctor Will See You Now is for women determined to let the world know their stories so that every woman with this disease – from the thirteen-year-old girl who is being told that her pain is “part of becoming a woman” to the woman

who has been misdiagnosed for decades – knows she is not alone. Yes, her pain is real. No, she is not crazy. Yes, there is hope.

disease spread gizmo: The Broken Universe Paul Melko, 2012-06-05 A thrilling adventure that spans alternate universes, filled with multiple doppelgängers, transdimensional corporate takeovers, and a struggle for survival across the multiverse. Possessing technology that allows him to travel across alternate worlds, John Rayburn begins building a transdimensional commercial empire, led by him, his closest friends, and their doppelgängers from several different parallel universes. But not every version of every person is the same, and their agendas do not always coincide. Despite their benign intentions, the group's activities draw unwanted attention from other dimensional travelers who covet their technology and will kill anyone to control it, a threat that culminates in a nuclear standoff for dominance throughout the multiverse. Sequel to *The Walls of the Universe* At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

disease spread gizmo: **Pentagon 9/11** Alfred Goldberg, 2007-09-05 The most comprehensive account to date of the 9/11 attack on the Pentagon and aftermath, this volume includes unprecedented details on the impact on the Pentagon building and personnel and the scope of the rescue, recovery, and caregiving effort. It features 32 pages of photographs and more than a dozen diagrams and illustrations not previously available.

disease spread gizmo: *Shaping Things* Bruce Sterling, 2005 A guide to the next great wave of technology -- an era of objects so programmable that they can be regarded as material instantiations of an immaterial system.

disease spread gizmo: *The Miracle Collectors* Joan Luise Hill, Katie Mahon, 2021-03-02 This eye-opening book will teach you how to step back, examine important moments in your life, and recognize the miracles that are constantly occurring all around you. As part of their own spiritual quest, miracle experts, Katie Mahon and Joan Luise Hill, discovered that when we are truly awake and present, miracles abound. It started by sharing their own stories which quickly prompted an unexpected outpouring of stories from others. Stories that had never been told, stories that didn't seem to matter, and stories that had been forgotten. While some defy explanation, others invite us to take a closer look, to discover common ground with each other, and to seek meaning in a whole new way. The stories of courage, forgiveness, gratitude, faith, hope, and love from *The Miracle Collectors*, allow us to notice and appreciate the miracles that are available to each one of us, while opening us up to a part of the Divine mystery we can absorb and understand. By using Take a Miracle Moment challenge at the end of every chapter you open the path for your own reawakening of the spirit. Perhaps you too will become a miracle collector.

disease spread gizmo: **Everything I Have Is Yours** Eleanor Henderson, 2021-08-10 A NEW YORK TIMES NOTABLE BOOK OF 2021 • From New York Times bestselling author Eleanor Henderson comes a turbulent love story meets harrowing medical mystery: the true story of the author's twenty-year marriage defined by her husband's chronic illness—and a testament to the endurance of love Eleanor met Aaron when she was just a teenager and he was working at a local record store—older, experienced, and irresistibly charming. Escaping the clichés of fleeting young love, their summer romance bloomed into a relationship that survived college and culminated in a marriage and two children. From the outside looking in, their life had all the trappings of what most would consider a success story. But, as in any marriage, things weren't always as they seemed. On top of the typical stresses of parenting, money, and work, there were the untended wounds of depression, addiction, and childhood trauma. And then one day, out of nowhere: a rash appeared on Aaron's arms. Soon, it had morphed into painful lesions covering his body. Eleanor was as baffled as the doctors. There was no obvious diagnosis, let alone a cure. And as years passed and the lesions gave way to Aaron's increasingly disturbed concerns about the source of his sickness, the husband she loved seemed to unravel before her eyes. A new fissure ruptured in their marriage, and new questions piled onto old ones: Where does physical illness end and mental illness begin? Where does one person end and another begin? And how do we exist alongside someone else's suffering?

Emotional, intimate, and at times agonizing, *Everything I Have Is Yours* tells the story of a marriage tested by powerful forces outside both partners' control. It's not only a memoir of a wife's tireless quest to heal her husband, but also one that asks just what it means to accept someone as they are.

disease spread gizmo: *The Geographic Spread of Infectious Diseases* Lisa Sattenspiel, Alun Lloyd, 2009-07-26 The 1918-19 influenza epidemic killed more than fifty million people worldwide. The SARS epidemic of 2002-3, by comparison, killed fewer than a thousand. The success in containing the spread of SARS was due largely to the rapid global response of public health authorities, which was aided by insights resulting from mathematical models. Models enabled authorities to better understand how the disease spread and to assess the relative effectiveness of different control strategies. In this book, Lisa Sattenspiel and Alun Lloyd provide a comprehensive introduction to mathematical models in epidemiology and show how they can be used to predict and control the geographic spread of major infectious diseases. Key concepts in infectious disease modeling are explained, readers are guided from simple mathematical models to more complex ones, and the strengths and weaknesses of these models are explored. The book highlights the breadth of techniques available to modelers today, such as population-based and individual-based models, and covers specific applications as well. Sattenspiel and Lloyd examine the powerful mathematical models that health authorities have developed to understand the spatial distribution and geographic spread of influenza, measles, foot-and-mouth disease, and SARS. Analytic methods geographers use to study human infectious diseases and the dynamics of epidemics are also discussed. A must-read for students, researchers, and practitioners, no other book provides such an accessible introduction to this exciting and fast-evolving field.

disease spread gizmo: *The Responsive City* Stephen Goldsmith, Susan Crawford, 2014-08-25 Leveraging Big Data and 21st century technology to renew cities and citizenship in America The *Responsive City* is a guide to civic engagement and governance in the digital age that will help leaders link important breakthroughs in technology and data analytics with age-old lessons of small-group community input to create more agile, competitive, and economically resilient cities. Featuring vivid case studies highlighting the work of pioneers in New York, Boston, Chicago and more, the book provides a compelling model for the future of governance. The book will help mayors, chief technology officers, city administrators, agency directors, civic groups and nonprofit leaders break out of current paradigms to collectively address civic problems. The *Responsive City* is the culmination of research originating from the Data-Smart City Solutions initiative, an ongoing project at Harvard Kennedy School working to catalyze adoption of data projects on the city level. The book is co-authored by Professor Stephen Goldsmith, director of Data-Smart City Solutions at Harvard Kennedy School, and Professor Susan Crawford, co-director of Harvard's Berkman Center for Internet and Society. Former New York City Mayor Michael Bloomberg penned the book's foreword. Based on the authors' experiences and extensive research, *The Responsive City* explores topics including: Building trust in the public sector and fostering a sustained, collective voice among communities; Using data-smart governance to preempt and predict problems while improving quality of life; Creating efficiencies and saving taxpayer money with digital tools; and Spearheading these new approaches to government with innovative leadership.

disease spread gizmo: *The Democratization of Artificial Intelligence* Andreas Sudmann, 2019-10-31 After a long time of neglect, Artificial Intelligence is once again at the center of most of our political, economic, and socio-cultural debates. Recent advances in the field of Artificial Neural Networks have led to a renaissance of dystopian and utopian speculations on an AI-rendered future. Algorithmic technologies are deployed for identifying potential terrorists through vast surveillance networks, for producing sentencing guidelines and recidivism risk profiles in criminal justice systems, for demographic and psychographic targeting of bodies for advertising or propaganda, and more generally for automating the analysis of language, text, and images. Against this background, the aim of this book is to discuss the heterogeneous conditions, implications, and effects of modern AI and Internet technologies in terms of their political dimension: What does it mean to critically investigate efforts of net politics in the age of machine learning algorithms?

disease spread gizmo: Plague-Busters! Lindsey Fitzharris, Adrian Teal, 2023-10-10 Smallpox! Rabies! Black Death! Throughout history humankind has been plagued by . . . well, by plagues. The symptoms of these diseases were gruesome-but the remedies were even worse. Get to know the ickiest illnesses that have infected humans and affected civilizations through the ages. Each chapter explores the story of a disease, including the scary symptoms, kooky cures, and brilliant breakthroughs that it spawned. Medical historian and bestselling author Lindsey Fitzharris lays out the facts with her trademark wit, and Adrian Teal adds humor with cartoons and caricatures drawn in pitch black and blood red. Diseases covered in this book include bubonic plague, smallpox, rabies, tuberculosis, cholera, and scurvy. Thanks to centuries of sickness and a host of history's most determined plague-busters, this riveting book features everything you've ever wanted to know about the world's deadliest diseases.

disease spread gizmo: Stable Isotope Ecology Brian Fry, 2007-01-15 A solid introduction to stable isotopes that can also be used as an instructive review for more experienced researchers and professionals. The book approaches the use of isotopes from the perspective of ecological and biological research, but its concepts can be applied within other disciplines. A novel, step-by-step spreadsheet modeling approach is also presented for circulating tracers in any ecological system, including any favorite system an ecologist might dream up while sitting at a computer. The author's humorous and lighthearted style painlessly imparts the principles of isotope ecology. The online material contains color illustrations, spreadsheet models, technical appendices, and problems and answers.

disease spread gizmo: All About Roses Ortho, 2007-01-23 Whether you're eyeing a hybrid tea you remember from your mother's garden, or one of the new easy-care landscaping varieties, this book makes it easy to add the unmatched beauty of roses to your garden. Inside you'll find: • Expert advice on choosing the right rose for your space and nurturing it for years of beauty. • Detailed descriptions of more than 200 varieties of perennials in the illustrated plant encyclopedia.

disease spread gizmo: Redirecting Innovation in U.S. Health Care Steven Garber, 2014-03-31 New medical technologies are a leading driver of U.S. health care spending. This report identifies promising policy options to change which medical technologies are created, with two related policy goals: (1) Reduce total health care spending with the smallest possible loss of health benefits, and (2) ensure that new medical products that increase spending are accompanied by health benefits that are worth the spending increases.

disease spread gizmo: This Is How It Always Is Laurie Frankel, 2017-01-24 New York Times Bestseller The Reese Witherspoon x Hello Sunshine Book Club Pick "Every once in a while, I read a book that opens my eyes in a way I never expected." —Reese Witherspoon (Reese's Book Club x Hello Sunshine book pick) People Magazine's Top 10 Books of 2017 Bustle's 17 Books Every Woman Should Read From 2017 PopSugar's Our Favorite Books of the Year (So Far) Refinery29's Best Books of the Year So Far BookBrowse's The 20 Best Books of 2017 Pacific Northwest Book Awards Finalist The Globe and Mail's Top 100 Books of 2017 Longlisted for 2019 International DUBLIN Literary Award "It made me laugh, it made me cry, it made me think." —Liane Moriarty, #1 New York Times bestselling author of Big Little Lies This is how a family keeps a secret...and how that secret ends up keeping them. This is how a family lives happily ever after...until happily ever after becomes complicated. This is how children change...and then change the world. This is Claude. He's five years old, the youngest of five brothers, and loves peanut butter sandwiches. He also loves wearing a dress, and dreams of being a princess. When he grows up, Claude says, he wants to be a girl. Rosie and Penn want Claude to be whoever Claude wants to be. They're just not sure they're ready to share that with the world. Soon the entire family is keeping Claude's secret. Until one day it explodes. Laurie Frankel's This Is How It Always Is is a novel about revelations, transformations, fairy tales, and family. And it's about the ways this is how it always is: Change is always hard and miraculous and hard again, parenting is always a leap into the unknown with crossed fingers and full hearts, children grow but not always according to plan. And families with secrets don't get to keep them forever.

disease spread gizmo: Evolutionary Concepts in Immunology Robert Jack, Louis Du Pasquier, 2019-06-13 Immunology is a nodal subject that links many areas of biology. It permeates the biosciences, and also plays crucial roles in diagnosis and therapy in areas of clinical medicine ranging from the control of infectious and autoimmune diseases to tumour therapy. Monoclonal antibodies and small molecule modulators of immunity are major factors in the pharmaceutical industry and now constitute a multi billion dollar business. Students in these diverse areas are frequently daunted by the complexity of immunology and the astonishing array of unusual mechanisms that go to make it up. Starting from Dobzhansky's famous slogan, "Nothing in biology makes sense except in the light of evolution", this book will serve to illuminate how evolutionary forces shaped immunity and thus provide an explanation for how many of its counter intuitive oddities arose. By doing so it will provide a conceptual framework on which students may organise the rapidly growing flood of immunological knowledge.

disease spread gizmo: Future Shock Alvin Toffler, 2022-01-11 NEW YORK TIMES BESTSELLER • The classic work that predicted the anxieties of a world upended by rapidly emerging technologies—and now provides a road map to solving many of our most pressing crises. "Explosive . . . brilliantly formulated." —The Wall Street Journal Future Shock is the classic that changed our view of tomorrow. Its startling insights into accelerating change led a president to ask his advisers for a special report, inspired composers to write symphonies and rock music, gave a powerful new concept to social science, and added a phrase to our language. Published in over fifty countries, Future Shock is the most important study of change and adaptation in our time. In many ways, Future Shock is about the present. It is about what is happening today to people and groups who are overwhelmed by change. Change affects our products, communities, organizations—even our patterns of friendship and love. But Future Shock also illuminates the world of tomorrow by exploding countless clichés about today. It vividly describes the emerging global civilization: the rise of new businesses, subcultures, lifestyles, and human relationships—all of them temporary. Future Shock will intrigue, provoke, frighten, encourage, and, above all, change everyone who reads it.

disease spread gizmo: I Flipping Love You Helena Hunting, 2018-05-29 From New York Times bestselling author Helena Hunting comes I Flipping Love You, a love story about flipping houses, taking risks, and landing that special someone who's move-in ready. Rian Sutter doesn't usually get hit on in the grocery store, but when she notices a sexy man in a suit checking her out, she thinks maybe it's her lucky day. Either that or the suit has a thing for sweaty, yoga-pant wearing women with excellent price matching skills. Turns out it's neither. Pierce Whitfield can't believe his luck when he's able to track down the woman who scratched up the paint job on his car at the scene of the crime. But when he confronts the hit and run hottie, he discovers there's not just one, but two of them, and he's been throwing accusations at the wrong twin. As repair costs are negotiated, and the chemistry between them flares, Rian and Pierce find out they have more than mutual attraction in common. They're both vying for the same pieces of prime real estate in The Hamptons and neither one plans to give up without a fight. Can these passionate rivals turn up the heat on their budding romance—without burning down the house?

disease spread gizmo: The Progress Paradox Gregg Easterbrook, 2003-11-25 In The Progress Paradox, Gregg Easterbrook draws upon three decades of wide-ranging research and thinking to make the persuasive assertion that almost all aspects of Western life have vastly improved in the past century--and yet today, most men and women feel less happy than in previous generations. Why this is so and what we should do about it is the subject of this book. Between contemporary emphasis on grievances and the fears engendered by 9/11, today it is common to hear it said that life has started downhill, or that our parents had it better. But objectively, almost everyone in today's United States or European Union lives better than his or her parents did. Still, studies show that the percentage of the population that is happy has not increased in fifty years, while depression and stress have become ever more prevalent. The Progress Paradox explores why ever-higher living standards don't seem to make us any happier. Detailing the emerging science of "positive psychology," which seeks to understand what causes a person's sense of well-being,

Easterbrook offers an alternative to our culture of crisis and complaint. He makes a Compelling case that optimism, gratitude, and acts of forgiveness not only make modern life more fulfilling but are actually in our self-interest. Seemingly insoluble problems of the past, such as crime in New York City and smog in Los Angeles, have proved more tractable than they were thought to be. Likewise, today's "impossible" problems, such as global warming and Islamic terrorism, can be tackled too. Like *The Tipping Point*, this book offers an affirming and constructive way of seeing the world anew. *The Progress Paradox* will change the way you think about your place in the world, and about our collective ability to make it better.

disease spread gizmo: American Pandemic Nancy K. Bristow, 2012 In 1918-1919 influenza raged around the globe in the worst pandemic in recorded history. Focusing on those closest to the crisis--patients, families, communities, public health officials, nurses and doctors--this book explores the epidemic in the United States.

disease spread gizmo: The Best Care Possible Ira Byock, 2012-03-15 A palliative care doctor on the front lines of hospital care illuminates one of the most important and controversial ethical issues of our time on his quest to transform care through the end of life. It is harder to die in this country than ever before. Statistics show that the vast majority of Americans would prefer to die at home, yet many of us spend our last days fearful and in pain in a healthcare system ruled by high-tech procedures and a philosophy to fight disease and illness at all cost. Dr. Ira Byock, one of the foremost palliative-care physicians in the country, argues that end-of-life care is among the biggest national crises facing us today. In addressing the crisis, politics has trumped reason. Dr. Byock explains that to ensure the best possible care for those we love-and eventually ourselves- we must not only remake our healthcare system, we must also move past our cultural aversion to talking about death and acknowledge the fact of mortality once and for all. Dr. Byock describes what palliative care really is, and-with a doctor's compassion and insight-puts a human face on the issues by telling richly moving, heart-wrenching, and uplifting stories of real people during the most difficult moments in their lives. Byock takes us inside his busy, cutting-edge academic medical center to show what the best care at the end of life can look like and how doctors and nurses can profoundly shape the way families experience loss. Like books by Atul Gawande and Jerome Groopman, *The Best Care Possible* is a compelling meditation on medicine and ethics told through page-turning, life or death medical drama. It is passionate and timely, and it has the power to lead a new kind of national conversation.

disease spread gizmo: Sustainable Energy David J. C. MacKay, 2009

disease spread gizmo: Strange Contagion Lee Daniel Kravetz, 2017-06-27 Picking up where *The Tipping Point* leaves off, respected journalist Lee Daniel Kravetz's *Strange Contagion* is a provocative look at both the science and lived experience of social contagion. In 2009, tragedy struck the town of Palo Alto: A student from the local high school had died by suicide by stepping in front of an oncoming train. Grief-stricken, the community mourned what they thought was an isolated loss. Until, a few weeks later, it happened again. And again. And again. In six months, the high school lost five students to suicide at those train tracks. A recent transplant to the community and a new father himself, Lee Daniel Kravetz's experience as a science journalist kicked in: what was causing this tragedy? More important, how was it possible that a suicide cluster could develop in a community of concerned, aware, hyper-vigilant adults? The answer? Social contagion. We all know that ideas, emotions, and actions are communicable—from mirroring someone's posture to mimicking their speech patterns, we are all driven by unconscious motivations triggered by our environment. But when just the right physiological, psychological, and social factors come together, we get what Kravetz calls a strange contagion: a perfect storm of highly common social viruses that, combined, form a highly volatile condition. *Strange Contagion* is simultaneously a moving account of one community's tragedy and a rigorous investigation of social phenomenon, as Kravetz draws on research and insights from experts worldwide to unlock the mystery of how ideas spread, why they take hold, and offer thoughts on our responsibility to one another as citizens of a globally and perpetually connected world.

disease spread gizmo: *Lock In* John Scalzi, 2014-08-26 A blazingly inventive near-future thriller from the best-selling, Hugo Award-winning John Scalzi. Not too long from today, a new, highly contagious virus makes its way across the globe. Most who get sick experience nothing worse than flu, fever and headaches. But for the unlucky one percent - and nearly five million souls in the United States alone - the disease causes Lock In: Victims fully awake and aware, but unable to move or respond to stimulus. The disease affects young, old, rich, poor, people of every color and creed. The world changes to meet the challenge. A quarter of a century later, in a world shaped by what's now known as Haden's syndrome, rookie FBI agent Chris Shane is paired with veteran agent Leslie Vann. The two of them are assigned what appears to be a Haden-related murder at the Watergate Hotel, with a suspect who is an integrator - someone who can let the locked in borrow their bodies for a time. If the Integrator was carrying a Haden client, then naming the suspect for the murder becomes that much more complicated. But complicated doesn't begin to describe it. As Shane and Vann began to unravel the threads of the murder, it becomes clear that the real mystery - and the real crime - is bigger than anyone could have imagined. The world of the locked in is changing, and with the change comes opportunities that the ambitious will seize at any cost. The investigation that began as a murder case takes Shane and Vann from the halls of corporate power to the virtual spaces of the locked in, and to the very heart of an emerging, surprising new human culture. It's nothing you could have expected. Other Tor Books Lock In: Lock In / Head On Old Man's War: Old Man's War / The Ghost Brigades / The Last Colony / Zoe's Tale / The Human Division / The End of All Things The Interdependency: The Collapsing Empire / The Consuming Fire / The Last Emperox The Android's Dream Agent to the Stars Your Hate Mail Will Be Graded Fuzzy Nation Redshirts At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

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disease spread gizmo: *The Adrenal Reset Diet* Alan Christianson, NMD, 2014-12-30 Go from wired and tired to lean and thriving with The Adrenal Reset Diet Why are people gaining weight faster than ever before? The idea that people simply eat too much is no longer supported by science. The emerging idea is that weight gain is a survival response: Our bodies are under attack from all directions—an overabundance of processed food, a polluted world, and the pressures of daily life all take their toll. These attacks hit a very important set of glands, the adrenals, particularly hard. The adrenal glands maintain a normal cortisol rhythm (cortisol is a hormone associated with both stress and fat storage). When this rhythm is off, we can become overwhelmed more quickly, fatigued, gain weight, and eventually, develop even more severe health issues such as heart disease or diabetes. In *The Adrenal Reset Diet*, Dr. Alan Christianson provides a pioneering plan for optimal function of these small but powerful organs. His patient-tested weight-loss program is the culmination of decades of clinical experience and over 75,000 patient-care visits. In a study at his clinic, participants on the Adrenal Reset Diet reset their cortisol levels by over 50% while losing an average of over 2 inches off their waists and 9 pounds of weight in 30 days. What can you expect? • Learn whether your adrenals are Stressed, Wired and Tired, or Crashed and which adrenal tonics, exercises, and foods are best for you • The clinically proven shakes, juices, and other delicious recipes, to use for your Reset • New ways to turn off the triggers of weight gain with carbohydrate cycling, circadian repair, and simple breathing exercises • An easy 7-day ARD eating plan to move your and your adrenals from Surviving to Thriving

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disease spread gizmo: *Digital Technology and Justice* Tania Sourdin, Jacqueline Meredith, Bin Li, 2020-11-24 Justice apps - mobile and web-based programmes that can assist individuals with legal tasks - are being produced, improved, and accessed at an unprecedented rate. These technologies have the potential to reshape the justice system, improve access to justice, and demystify legal institutions. Using artificial intelligence techniques, apps can even facilitate the resolution of common legal disputes. However, these opportunities must be assessed in light of the many challenges associated with app use in the justice sector. These include the digital divide and other accessibility issues; the ethical challenges raised by the dehumanisation of legal processes; and various privacy, security, and confidentiality risks. Surveying the landscape of this emergent industry, this book explores the objectives, opportunities, and challenges presented by apps across all areas of the justice sector. Detailed consideration is also given to the use of justice apps in specific legal contexts, including the family law and criminal law sectors. The first book to engage with justice apps, this book will appeal to a wide range of legal scholars, students, practitioners, and policy-makers.

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bring attention to deceased undocumented immigrants.

disease spread gizmo: The Rise of the Robots Martin Ford, 2015-09-03 Intelligent algorithms are already well on their way to making white collar jobs obsolete: travel agents, data-analysts, and paralegals are currently in the firing line. In the near future, doctors, taxi-drivers and ironically even computer programmers are poised to be replaced by 'robots'. Without a radical reassessment of our economic and political structures, we risk the very implosion of the capitalist economy itself. In The Rise of the Robots, technology expert Martin Ford systematically outlines the achievements of artificial intelligence and uses a wealth of economic data to illustrate the terrifying societal implications. From health and education to finance and technology, his warning is stark – all jobs that are on some level routine are likely to eventually be automated, resulting in the death of traditional careers and a hollowed-out middle class. The robots are coming and we have to decide – now – whether the future will bring prosperity or catastrophe.

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