

# PLL Parents Guide



## # PLL Parents Guide: Navigating the Twisted World of Pretty Little Liars

Are you a parent whose teen is obsessed with Pretty Little Liars? Or perhaps you're considering letting your child watch, but you're unsure about its suitability? This comprehensive PLL parents guide will equip you with the information you need to make an informed decision and help your family navigate the complex themes and potentially troubling content within the show. We'll delve into the show's mature themes, provide age recommendations, and offer strategies for watching and discussing it with your child.

## Understanding the Mature Content in Pretty Little Liars

Pretty Little Liars (PLL), while initially appearing as a teen drama, delves into some serious and mature themes that may not be appropriate for all viewers. It's crucial for parents to understand these before allowing their children to watch.

## **Violence and Threat:**

The core premise revolves around violence, threats, and psychological manipulation. The Liars are constantly harassed, stalked, and subjected to terrifying situations. While often stylized, the intensity and frequency of these scenes can be disturbing for younger viewers.

## **Sexual Content:**

The show features storylines that touch upon teenage relationships, sexual exploration, and occasionally, more explicit scenes. The depiction of these themes can be nuanced and complex, but their presence necessitates parental guidance and discussion.

## **Substance Abuse:**

Alcohol and drug use are depicted throughout the series, although usually not glorified. However, the portrayal still needs consideration, particularly for younger or more susceptible viewers.

## **Intense Psychological Themes:**

PLL explores deep-seated psychological issues such as trauma, anxiety, depression, and identity crises. The characters grapple with the aftermath of traumatic events, which can be intense and emotionally challenging for viewers.

## **Complex Relationships:**

The relationships between the characters are intricate and often fraught with conflict, betrayal, and manipulation. This complexity may be difficult for younger viewers to understand and process.

## **Age Appropriateness and Parental Guidance**

Determining the appropriate age for watching Pretty Little Liars depends heavily on your child's maturity level and your family's values. While the show is officially rated TV-14, many parents find it inappropriate for viewers younger than 16, or even older, depending on their sensitivities.

## Strategies for Watching with Your Child:

**Watch together:** This allows for immediate discussion and clarification of any confusing or concerning scenes.

**Discuss the show:** Use the show as a springboard for conversations about healthy relationships, consent, peer pressure, and the consequences of actions.

**Set boundaries:** Agree on viewing limits and times to ensure it doesn't interfere with other activities or responsibilities.

**Pause and discuss:** Don't be afraid to pause the show to address questions or concerns your child might have.

## Talking to Your Teen About PLL

Open communication is key. Instead of simply forbidding the show, engage in a conversation about its content and your concerns. Ask your teen why they enjoy the show and what they find appealing about it. This creates an opportunity to understand their perspective and guide their viewing experience.

## Alternatives and Similar Shows

If you're concerned about the mature content in *Pretty Little Liars*, consider alternative shows with similar mystery elements but less intense themes. There are many teen dramas available that offer engaging storylines without the same level of explicit content.

## Conclusion

This PLL parents guide aims to provide you with the tools you need to make informed decisions about your child's viewing habits. Remember, open communication and active involvement are crucial in navigating the complex world of teen television and ensuring a positive viewing experience for your family. By approaching the show with a critical eye and engaging in meaningful conversations, you can turn watching *Pretty Little Liars* into an opportunity for valuable family discussion and understanding.

# FAQs

Q1: Is PLL appropriate for 13-year-olds? Generally, no. The mature themes and intense content are usually considered inappropriate for viewers under 16.

Q2: How can I explain the complex plot to a younger audience? Focus on the core friendship dynamic and the mystery aspect, simplifying the more complex relationships and storylines.

Q3: Are there any positive messages in PLL? The show highlights the importance of friendship, loyalty, and perseverance, even if these themes are often tested.

Q4: What are the best episodes to start with for a new viewer? Begin with the pilot episode to establish the core characters and mystery.

Q5: How can I address my child's concerns about the show's darker elements? Create a safe space for open dialogue, validating their feelings and offering reassurance. Explain that the show is fiction and the characters' experiences are not necessarily representative of real life.

**pll parents guide:** [Pretty Little Liars](#) Sara Shepard, 2009-10-06 The #1 New York Times bestselling series that inspired the hit ABC Family TV show *Pretty Little Liars* and the upcoming HBO spin-off series *Pretty Little Liars: Original Sin*! Never trust a pretty girl with an ugly secret. Set in ultra-trendy Rosewood, Pennsylvania, *Pretty Little Liars* centers around four beautiful girls who are hiding some very ugly secrets, and the one person who knows them all...and is not afraid to spill. Perfect for fans of *One of Us is Lying*, *The Cousins*, and *A Good Girl's Guide to Murder*, this first book in Sara Shepard's #1 New York Times bestselling *Pretty Little Liars* series will introduce new readers to the thrilling and magnetically compelling world of *Pretty Little Liars*, where everyone's got something to hide, and no secret stays buried for long.

**pll parents guide:** [Little White Lies](#) Jennifer Lynn Barnes, 2024-01-18 Welcome to the page-turning, twisty, gasp-inducing world of the *Debutantes* - an addictive YA mystery duology from the author of #1 bestselling, TikTok sensation *INHERITANCE GAMES* series. 'A plot twist every twenty pages . . . Barnes is at her page-turning best.' E. Lockhart, author of *We Were Liars* A six-figure offer. A family mystery to solve. A town of buried secrets. When Auto mechanic Sawyer Taft's estranged grandmother offers her a six-figure contract to participate in debutante season, Sawyer's first instinct is to run a mile. But then she realizes her grandmother's offer might mean solving the biggest mystery of her life - her father's identity. So she signs on the dotted line and braces herself for a year of makeovers, big dresses and even bigger egos. . . However, Sawyer doesn't expect to find a group of fellow debutantes with scandalous, dangerous secrets of their own and soon it's clear that the truth about her father is just one of the shocking secrets buried deep in this high-society world . . . And no one wants Sawyer poking her nose into the past. Shocking twists, family secrets, a fish-out-of water protagonist and a page-turning mystery combine in *Little White Lies* and *Deadly Little Scandals* (*The Debutantes Duology*) - perfect for fans coming from *THE INHERITANCE GAMES* series looking for their next addictive read from the Master of YA Mysteries, Jennifer Lynn Barnes.

**pll parents guide:** [Pretty Little Liars #6: Killer](#) Sara Shepard, 2009-06-30 #1 New York Times bestselling series The sixth book in the #1 New York Times bestselling series that inspired the hit ABC Family TV show *Pretty Little Liars*. Hanna, Aria, Spencer, and Emily have been lying ever since they became friends with beautiful Alison DiLaurentis. And their bad-girl ways didn't die with her. Hanna's on a mission to corrupt Rosewood's youth, starting with a very attractive sophomore. Aria's

snooping into her boyfriend's past. Spencer's stealing—from her family. And pure little Emily's abstaining from abstinence. The girls should be careful, though. There's a new A in town turning up the heat. And this time Rosewood is going to burn. Full of unexpected twists and shocking revelations, *Killer* is the sixth book in New York Times bestselling author Sara Shepard's compelling *Pretty Little Liars* series.

**pll parents guide:** *The Cumulative Book Index* , 1971 A world list of books in the English language.

**pll parents guide:** *The Complete Idiot's Guide to Raising Girls* Deb Baker, Gary J. Weisenberger, Kathy Sherwin, 2009-04-07 A positive look at parenting daughters. The Complete Idiot's Guide® to Raising Girls is a hands-on parenting guide that takes readers from birth into womanhood. In warm, wise words, the authors explore all that is sugar and spice, precious and at times frightening, about the girls in their lives. \*A hopeful, positive focus for parents concerned about issues raised in books like *Queen Bees* and *Wannabees*, *Odd Girl Out*, *Reviving Ophelia*, and *See Jane Hit* \*Solid parenting advice for every stage \*Follows on the success of *The Complete Idiot's Guide® to Raising Boys* \*Author team includes a pediatrician, teacher, and health writer, all of whom have daughters themselves

**pll parents guide:** *Your Cleft-Affected Child* Carrie T. Gruman-Trinkner, 2001-10-12 Clefting is one of the most common birth defects and one of the most reparable. Yet parents of clefted newborns often initially respond with fear, shock, and despair. This first guide written specifically for parents explains what a cleft is, why it occurs, and what can be done about it. Topics include surgical procedures, financial assistance, emotional impact, and forming support groups.

**pll parents guide:** *PC Mag* , 1996-08 PCMag.com is a leading authority on technology, delivering Labs-based, independent reviews of the latest products and services. Our expert industry analysis and practical solutions help you make better buying decisions and get more from technology.

**pll parents guide:** *PC Mag* , 1996-10-08 PCMag.com is a leading authority on technology, delivering Labs-based, independent reviews of the latest products and services. Our expert industry analysis and practical solutions help you make better buying decisions and get more from technology.

**pll parents guide:** *PC Mag* , 1996-11-05 PCMag.com is a leading authority on technology, delivering Labs-based, independent reviews of the latest products and services. Our expert industry analysis and practical solutions help you make better buying decisions and get more from technology.

**pll parents guide:** *Burn for Burn* Jenny Han, Siobhan Vivian, 2013-08-06 KAT is sick and tired of being bullied by her former best friend.

**pll parents guide:** *Treating the Tough Adolescent* Scott P. Sells, 2004-07-26 This book illuminates the causes of severe adolescent behavioral problems and presents a research-based fifteen-step model for helping families bring about real, lasting change. Incorporating structural and strategic principles, the author's cohesive approach focuses on setting clear rules and consequences; changing the mood and direction of confrontations; neutralizing such problem behaviors as disrespect, truancy, running away, violence, and threats of suicide; and restoring positive, nurturing relationships among family members. Special treatment issues covered include working with single-parent families, outside systems (peers, school, probation officers), divorce and stepfamily problems, and substance misuse. Clearly written, practical, and accessible, the book uses actual case examples to demonstrate each step of the approach.

**pll parents guide:** *Flawless* Sara Shepard, 2010 In the exclusive town of Rosewood, Pennsylvania, where the sweetest smiles hide the darkest secrets, four pretty little liars - Spencer, Aria, Emily, and Hanna - have been very bad girls . . . Spencer stole her sister's boyfriend; Aria is brokenhearted over her English teacher; Emily likes her new friend Maya . . . as much more than a friend. And Hanna's obsession with looking flawless is literally making her sick. But the most horrible secret of all is something so scandalous it could destroy their perfect little lives. And

someone named 'A' is threatening to do just that. At first they thought A was Alison, their friend who vanished three years ago . . . but then Alison turned up dead. So who could A be? Only one thing's for certain: A's got the dirt to bury them all alive, and with every crumpled note and vindictive text message A sends, the girls get a little closer to losing it all.

**pll parents guide:** *Pretty Little Liars #4: Unbelievable* Sara Shepard, 2009-10-06 #1 New York Times bestselling series The fourth book in the #1 New York Times bestselling series that inspired the hit ABC Family TV show *Pretty Little Liars*. Four pretty little liars' charmed lives have turned into living nightmares. Emily's been shipped off to Iowa to live with her überconservative cousins. Aria's boyfriend is behind bars—because of her. Spencer's afraid she was involved in Ali's murder. But Hanna's fate is far worse: She's clinging to life in the hospital because she knew too much. These liars have tried to keep their scandals secret, but the truth is about to rock their pretty little world! Full of unexpected twists and shocking revelations, *Unbelievable* is the fourth book in New York Times bestselling author Sara Shepard's compelling *Pretty Little Liars* series.

**pll parents guide:** *Rule* Ellen Goodlett, 2018-09-11 Three Dark Crowns meets *Pretty Little Liars* in this sensational and striking new fantasy from debut author Ellen Goodlett. Three girls. Three deadly secrets. Only one can wear the crown. The king is dying, his heir has just been murdered, and rebellion brews in the east. But the kingdom of Kolonya and the outer Reaches has one last option before it descends into leaderless chaos. Or rather, three unexpected options. Zofi has spent her entire life trekking through the outer Reaches with her band of Travelers. She would do anything to protect the band, her family. But no one can ever find out how far she's already gone. Akeylah was raised in the Eastern Reach, surrounded by whispers of rebellion and abused by her father. Desperate to escape, she makes a decision that threatens the whole kingdom. Ren grew up in Kolonya, serving as a lady's maid and scheming her way out of the servants' chambers. But one such plot could get her hung for treason if anyone ever discovers what she's done. When the king summons the girls, they arrive expecting arrest or even execution. Instead they learn the truth: they are his illegitimate daughters, and one must become his new heir. But someone in Kolonya knows their secrets, and that someone will stop at nothing to keep the sisters from their destiny... to rule. Magic, mystery, and blackmail abound in the first book of this sensational and striking fantasy duology.

**pll parents guide:** *Subject Guide to Books in Print* , 1996

**pll parents guide:** *The Last Time I Lied* Riley Sager, 2023-08-01 THE INSTANT NEW YORK TIMES BESTSELLER From the author of *Survive the Night* and *Final Girls* comes a tense and twisty thriller about a summer camp that's impossible to forget—no matter how hard you try. Two Truths and a Lie. Vivian, Natalie, Allison, and Emma played it all the time in their cabin at Camp Nightingale. But the games ended the night Emma sleepily watched the others sneak out into the darkness. The last she—or anyone—saw of the teenagers was Vivian closing the cabin door behind her, hushing Emma with a finger pressed to her lips.... Fifteen years later, Emma is a rising star in the New York art scene, turning her past into paintings—massive canvases filled with dark leaves and gnarled branches over ghostly shapes in white dresses. When the paintings catch the attention of the wealthy owner of Camp Nightingale, she implores Emma to come back to the newly reopened camp as a painting instructor. Despite her guilt and anxiety—or maybe because of them—Emma agrees to revisit her past. Nightingale looks the same as it did all those years ago, haunted by a midnight-dark lake and familiar faces. Emma is even assigned to the same cabin she slept in as a teenager, although the security camera pointed at her door is a disturbing new addition. As cryptic clues about the camp's origins begin to surface, Emma attempts to find out what really happened to her friends. But her closure could come at a deadly price.

**pll parents guide:** *Your Five-Year-Old* Louise Bates Ames, 2012-01-18 A five-year-old is a wonderful, fun-loving, exuberant child. But what's going on inside that five-year-old head? What stages of development does a child this age go through, and what should parents know that can help their five-year-old handle this impressionable year? Recognized authorities on child behavior and development, Drs. Ames and Ilg answer these and many other questions, offering both invaluable

practical advice and enlightening psychological insights. Included in this book: • Characteristics of age Five • The child and others • Discipline • Accomplishments and abilities • The child's mind • School • The five-year-old party • Individuality • Stories from real life • Good books and toys for Fives • Books for parents "Louise Bates Ames and her colleagues synthesize a lifetime of observation of children, consultation, and discussion with parents. These books will help parents to better understand their children and will guide them through the fascinating and sometimes trying experiences of modern parenthood."—Donald J. Cohen, M.D., Director, Yale Child Study Center, Irving B. Harris Professor of Child Psychiatry, Pediatrics, and Psychology, Yale School of Medicine

**pll parents guide: Tietz Clinical Guide to Laboratory Tests - E-Book** Alan H. B. Wu, 2006-06-08 This new edition of Norbert Tietz's classic handbook presents information on common tests as well as rare and highly specialized tests and procedures - including a summary of the utility and merit of each test. Biological variables that may affect test results are discussed, and a focus is placed on reference ranges, diagnostic information, clinical interpretation of laboratory data, interferences, and specimen types. New and updated content has been added in all areas, with over 100 new tests added. - Tests are divided into 8 main sections and arranged alphabetically. - Each test includes necessary information such as test name (or disorder) and method, specimens and special requirements, reference ranges, chemical interferences and in vivo effects, kinetic values, diagnostic information, factors influencing drug disposition, and clinical comments and remarks. - The most current and relevant tests are included; outdated tests have been eliminated. - Test index (with extensive cross references) and disease index provide the reader with an easy way to find necessary information - Four new sections in key areas (Preanalytical, Flow Cytometry, Pharmacogenomics, and Allergy) make this edition current and useful. - New editor Alan Wu, who specializes in Clinical Chemistry and Toxicology, brings a wealth of experience and expertise to this edition. - The Molecular Diagnostics section has been greatly expanded due to the increased prevalence of new molecular techniques being used in laboratories. - References are now found after each test, rather than at the end of each section, for easier access.

**pll parents guide: Boys' Life** , 1986-03 Boys' Life is the official youth magazine for the Boy Scouts of America. Published since 1911, it contains a proven mix of news, nature, sports, history, fiction, science, comics, and Scouting.

**pll parents guide: I Don't Belong to You** Keke Palmer, 2017-01-31 The singer and actress in *Scream Queens*, *Akeelah and the Bee*, and *Grease: Live*, writes a ... guide for young women, with color illustrations throughout, on such topics as identity, anxiety, peer pressure, and body image ... and encourages them towards greater confidence and freedom--

**pll parents guide: Other People's Children** Lisa D. Delpit, 2006 An updated edition of the award-winning analysis of the role of race in the classroom features a new author introduction and framing essays by Herbert Kohl and Charles Payne, in an account that shares ideas about how teachers can function as cultural transmitters in contemporary schools and communicate more effectively to overcome race-related academic challenges. Original.

**pll parents guide: Perfect** Sara Shepard, 2011 Spencer, Aria, Emily, Hanna and their best friend Alison were the most popular girls at Rosewood Day School. Alison was the group's ringleader, the one who knew all their darkest secrets. So when Alison vanished one night, Spencer, Aria, Emily, and Hanna's grief was tinged with relief. But when Ali's body was later discovered in her own backyard, the girls were forced to unearth some ugly memories of their old friend, too. Is there more to Alison's death than anyone realises? Now someone named A, someone who seems to know everything, is pointing the finger for Ali's murder at one of them. And A is poised to ruin their perfect little lives . . . for ever.

**pll parents guide: The Complete Guide to Blue Heelers** David Anderson, BLUE HEELER HISTORY: Learn about the European origins of the Australian Cattle Dog, their working history, and see a Quick Guide to their best and worst traits. THE IDEAL ENVIRONMENT: Learn what type of home and family a Blue Heeler will thrive in. Prepare your own house and yard, and have your family prepared to bring your Blue Heeler home. FINDING A BLUE HEELER: Learn how to locate and

properly vet a breeder, or discover the best ways to find an adoptable Heeler. Also, learn what personality traits and characteristics to look for when choosing your dog. **BRING YOUR BLUE HEELER HOME:** Learn what to expect and how to prepare for the first days, weeks, and months with your new Blue Heeler puppy. Includes tips on how to handle the ride home, the first vet visit, and setting early expectations with your puppy. **TRAINING:** Includes tips for house training, socialization, basic commands (such as sit, stay, down), positive reinforcement techniques and much more! **NUTRITION:** Learn why a healthy diet is so important for the Blue Heeler, what kinds of commercial foods to choose, how to make your own food at home, and dealing with food related problems. **GROOMING:** Information on managing your ACD's coat, bathing tips, ear care, shampoos, trimming their nails, teeth brushing, and cleaning the ears and eyes. **BLUE HEELER HEALTH CARE:** Learn about preventing common diseases and parasites in your Blue Heeler. Includes advice for finding a good veterinarian, natural alternatives and holistic options, and vaccination information. **YOUR AGING BLUE HEELER:** Learn about old age care, the changes you can make in nutrition, exercise, and common ailments. Also includes information about keeping them mentally sharp, why you should increase your vet visits and how to help them really enjoy their final years.

**pll parents guide:** *Truly, Madly, Deadly* Hannah Jayne, 2013-07-02 When her abusive boyfriend dies in what seems to be a drunk-driving accident, Sawyer is secretly relieved until she opens her locker and finds a note from a secret admirer that says You're welcome.

**pll parents guide:** *Social Workers' Desk Reference* Albert R. Roberts, 2009 This is a new edition of the wildly successful everyday reference for social workers. Like the first edition, it has been crafted with the help of an extensive needs assessment survey of educators and front-line practitioners, ensuring that it speaks directly to the daily realities of the profession. It features 40% new material and a more explicit focus on evidence-based practice.

**pll parents guide:** *The Lying Game* Sara Shepard, 2010-12-07 New York Times bestselling series! The first book in the New York Times bestselling series *The Lying Game*, by the author of the bestselling *Pretty Little Liars* series, Sara Shepard. Shortly before her seventeenth birthday, Emma discovers she has a long-lost twin named Sutton Mercer. She contacts Sutton, who agrees to a rendezvous but never shows up. Curious at first, Emma slips into Sutton's ultra-glamorous life, assuming her identity. When it becomes clear that Sutton is not coming back, that someone made sure she never could, Emma plunges in to investigate who could have wanted her sister gone (a fairly long list, she discovers). Unfortunately, taking over Sutton's life means innocent little Emma has inherited all that bad blood—and then some. Perfect for fans of Sara Shepard's #1 New York Times bestselling series *Pretty Little Liars*, *The Lying Game* has all the juicy plot lines, to-die-for lifestyles, and compelling secrets that fans love.

**pll parents guide:** *Two Can Keep a Secret* Karen M. McManus, 2019-01-08 The must-read YA thriller (Bustle) from #1 New York Times bestselling author of *One of Us Is Lying* about a small town with deadly secrets. When it comes to YA suspense, Karen M. McManus is in a league of her own... --Entertainment Weekly Echo Ridge is small-town America. Ellery's never been there, but she's heard all about it. Her aunt went missing there at age seventeen. And only five years ago, a homecoming queen put the town on the map when she was killed. Now Ellery has to move there to live with a grandmother she barely knows. The town is picture-perfect, but it's hiding secrets. And before school even begins for Ellery, someone has declared open season on homecoming, promising to make it as dangerous as it was five years ago. Then, almost as if to prove it, another girl goes missing. Ellery knows all about secrets. Her mother has them; her grandmother does too. And the longer she's in Echo Ridge, the clearer it becomes that everyone there is hiding something. The thing is, secrets are dangerous--and most people aren't good at keeping them. Which is why in Echo Ridge, it's safest to keep your secrets to yourself. Fans of the hit thriller that started it all can watch the secrets of the Bayview Four be revealed in the *One of Us is Lying* TV series now streaming on NBC's Peacock!

**pll parents guide:** *Ruthless* Sara Shepard, 2012 Hanna, Spencer, Emily and Aria are trying to move on and forget about their old friend Alison DiLaurentis and all the torture she put them

through, but someone is trying to keep her spirit alive.

**pll parents guide:** *The Heiresses* Sara Shepard, 2014-05-20 From Sara Shepard, the #1 New York Times bestselling author of *Pretty Little Liars*, comes *The Heiresses*—a novel about the Saybrooks, a diamond family blessed with beauty and fortune yet plagued by a string of tragic and mysterious deaths. The only thing more flawless than a Saybrook's solitaire is the family behind the diamond empire. Beauties, entrepreneurs, debutantes, and mavens, the Saybrooks are the epitome of high society. Anyone would kill to be one of them. But be careful what you wish for, because if you were a Saybrook, you'd be haunted by secrets and plagued by a dark streak of luck. Tragedy strikes the prominent family yet again on a beautiful morning in May when thirty-four-year-old Poppy, the most remarkable Saybrook of them all, flings herself from the window of her office. Everyone is shocked that someone so perfect would end her own life—until her cousins receive an ominous warning: One heiress down, four to go. Was it suicide . . . or murder? And who will be next: Aster, the beautiful but reckless girl who's never worked a day in her life—and who's covering up her father's darkest secret? Her older sister, Corrine, whose meticulously planned future is about to come crashing down around her? Perhaps it will be Natasha, the black sheep of the family who suddenly disinherited herself five years ago. Or maybe the perpetually single Rowan, who had the most to gain from her cousin's death. A gripping, edge-of-your-seat thriller about heiresses who must uncover a dark truth about their family before they lose the only thing money can't buy: their lives.

**pll parents guide:** *Parenting Your Out-of-Control Teenager* Scott P. Sells, 2007-04-01 Every teenager rebels against authority at some point—talks back, breaks curfew, or disobeys. But literally millions of teens take their rebellion to a point where it disrupts their families and endangers their own futures or even their lives. If one of these teens is yours, you've probably lived through years of conflicting advice and pat solutions that don't last. Finally, this breakthrough guide from a master therapist will show you the seven steps to positive, permanent change for you and your teenager: 1. Learn the real reasons for teen misbehavior. 2. Make an ironclad contract to stop that behavior. 3. Troubleshoot future problems. 4. End button-pushing. 5. Stop the seven aces -- from disrespect to threats of violence. 6. Mobilize outside help. 7. Reclaim lost love within the family. Clear, compassionate, and packed with real-life solutions to real-life problems, *Parenting Your Out-of-Control Teenager* gives parents the tools they need to turn their families' lives around for good.

**pll parents guide:** *Rebel Belle* Rachel Hawkins, 2014-04-08 Harper Price, peerless Southern belle, was born ready for a Homecoming tiara. But after a strange run-in at the dance imbues her with incredible abilities, Harper's destiny takes a turn for the seriously weird. She becomes a Paladin, one of an ancient line of guardians with agility, super strength and lethal fighting instincts. Just when life can't get any more disastrously crazy, Harper finds out who she's charged to protect: David Stark, school reporter, subject of a mysterious prophecy and possibly Harper's least favorite person. But things get complicated when Harper starts falling for him—and discovers that David's own fate could very well be to destroy Earth. With snappy banter, cotillion dresses, non-stop action and a touch of magic, this new young adult series from bestseller Rachel Hawkins is going to make y'all beg for more. "As surprising as it is delicious."—BCCB, starred review "Fun with a twist of supernatural and Southern charm." —VOYA "The romance, coming-of-age aspects, and a well-drawn heroine with a crackling wit will lure in readers." —Booklist

**pll parents guide:** *Discovering Seattle Parks* Linnea Westerlind, 2017-06-01 Linnea Westerlind has visited each of Seattle's 426 city parks, an effort which she documented on her blog, [YearofSeattleParks.com](http://YearofSeattleParks.com)—making her the absolutely perfect person to guide you to just the right park for your picnic, an outing with the kids, family reunion, or simply a fun new place to explore. *Discovering Seattle's Parks* is based on Westerlind's blog, but for this new guidebook she has revisited and further researched every single park she describes, and now includes even more detailed information and descriptions. Organized by neighborhood, such as Downtown, Queen Anne, or Northeast Seattle, the guide features full-color photos throughout and simple, illustrated maps for the largest parks with more complex trail systems. Each park's listing includes: • Icons for key

features—playgrounds, viewpoints, waterfront spots, hidden parks, and dog parks • Public transportation and parking directions • Details on the park's history • Highlights such as public art, water features, cycling paths, and more • Color photographs that capture the park's essence Discovering Seattle's Parks will keep families, walkers, dog-lovers, and kids of all ages busy with year-round exploration and fun!

**pll parents guide: The Complete Guide to the Brittany** Candace Darnforth, 2021-11-10 Including interviews with 7 Top Brittany breeders, author Candace Darnforth has written the perfect guidebook for any new Brittany owner! This comprehensive and easy-to-read book will prove itself invaluable as it guides you in raising a happy and healthy Brittany from puppy to old age. Giving Brittany specific advice on topics like: Choosing the right Brittany from a breeder (or a rescue) Supplies that will make the first few months a breeze Foundational training strategies for a Brittany puppy Basic and advanced command training Introductory Field Work training Advice for living with the quirks of the Brittany breed Nutrition for a high-energy breed Basic grooming advice Preventative health care Brittany specific diseases and conditions (and how to spot them) Senior Brittany care Whether you are a long-time Brittany owner or considering bringing a Brittany into your home for the first time, this book will guide you through questions you may have. Learn the fascinating history of this breed and why they've been a favorite breed for so many years. You'll discover how to train your Brittany to interact with people and other animals, to offset bad habits, and why a good diet is essential. Use this book as your go-to guide for all things related to Brittans. From choosing the right breeder, to grooming, to ear and eye care, it's all in this book. You'll find in-depth information about Brittans from the moment you bring your dog home until you say your last goodbye. The Complete Guide to the Brittany is a must-read for new pet owners everywhere! It is a goldmine of practical information, plus tips and tricks that will enrich your life and that of your Brittany.

**pll parents guide: The Starch Solution** John McDougall, Mary McDougall, 2013-06-04 Pick up that bread! This doctor-approved method lets you keep the carbs and lose the pounds! "The Starch Solution is one of the most important books ever written on healthy eating."—John P. Mackey, co-CEO and director of Whole Foods Market, Inc. Fear of the almighty carb has taken over the diet industry for the past few decades—from Atkins to Dukan—even the mere mention of a starch-heavy food is enough to trigger an avalanche of shame and longing. But the truth is, carbs are not the enemy! Bestselling author John A. McDougall and his kitchen-savvy wife, Mary, prove that a starch-rich diet can actually help you attain your weight loss goals, prevent a variety of ills, and even cure common diseases. By fueling your body primarily with carbohydrates rather than proteins and fats, you will feel satisfied, boost energy, and look and feel your best. Based on the latest scientific research, this easy-to-follow plan teaches you what to eat and what to avoid, how to make healthy swaps for your favorite foods, and smart choices when dining out. Including a 7-Day Sure-Start Plan, helpful weekly menu planner, and nearly 100 delicious, affordable recipes, The Starch Solution is a groundbreaking program that will help you shed pounds, improve your health, save money, and change your life.

**pll parents guide: Not My Problem** Ciara Smyth, 2021-05-25 Perfect for fans of Becky Albertalli and Nina LaCour, this queer coming-of-age story from the author of *The Falling in Love Montage* is wry, multilayered, and unflinchingly honest. Aileen has plenty of problems she can't solve. But when she stumbles upon overachiever Meabh Kowalska having a full-blown meltdown, she sees one that she can actually fix. Meabh is desperate to escape her crushing pile of extracurriculars. Aileen volunteers to help—by pushing her down the stairs. Problem? Solved. Meabh's sprained ankle is the perfect excuse to ditch her overwhelming schedule. But when one of their classmates learns about their little scheme, more "clients" start asking for Aileen's "help"—kicking off a semester of traded favors, ill-advised hijinks, and even an unexpected chance at love. Fixing other people's problems won't fix her own. But it might be the push Aileen needs to start.

**pll parents guide: Player Piano** Kurt Vonnegut, 2009-09-30 "A funny, savage appraisal of a totally automated American society of the future."—San Francisco Chronicle Kurt Vonnegut's first

novel spins the chilling tale of engineer Paul Proteus, who must find a way to live in a world dominated by a supercomputer and run completely by machines. Paul's rebellion is vintage Vonnegut—wildly funny, deadly serious, and terrifyingly close to reality. Praise for *Player Piano* "An exuberant, crackling style . . . Vonnegut is a black humorist, fantasist and satirist, a man disposed to deep and comic reflection on the human dilemma."—*Life* "His black logic . . . gives us something to laugh about and much to fear."—*The New York Times Book Review*

**pll parents guide: Treating the Traumatized Child** Scott P. Sells, Ellen Souder, MA, LPCC-S, 2017-12-15 This book builds upon my early work and the work and others by offering a comprehensive guide to practitioners interested in facing and helping to heal trauma and manage the drama systemically with a special focus on children and adolescents. The FST Model is a contribution to the fields of trauma, family sciences, and human development practice. --Charles R. Figley, PhD; Kurzweg Chair in Disaster Mental Health at Tulane University in New Orleans This is the first book that addresses trauma treatment for child and adolescents using a Family Systems Trauma (FST) model which goes beyond individual therapy to include the child and their entire family. Co-written by a renowned family therapist who created the Parenting with Love and Limits® model, it delivers a research-based , step-by-step approach that incorporates the child's immediate family along with their extended family to treat the traumatized child or adolescent. Using a stress chart, the child or adolescent's trauma symptoms are quickly identified. This strategy guides therapists in accurately diagnosing root causes of the child's trauma and culminates in the creation of co-created wound playbooks to heal trauma in both the child as well as other family members. Additional helpful features include extensive case examples, a menu of trauma techniques, wound playbook examples, evaluation forms, client handouts, and other practical tools to provide the therapist with a complete guide to implementing this approach. Child and family therapists, social workers, mental health counselors, and psychologists working in a variety of settings will find this book a valuable resource. Key Features: Provides a step-by-step, practice focused, time-limited model Uses a family systems approach for addressing child and adolescent trauma--the only book of its kind Includes useful tools such as checklists, client handouts, and evaluation forms

**pll parents guide: Software-Defined Radio for Engineers** Alexander M. Wyglinski, Robin Getz, Travis Collins, Di Pu, 2018-04-30 Based on the popular Artech House classic, *Digital Communication Systems Engineering with Software-Defined Radio*, this book provides a practical approach to quickly learning the software-defined radio (SDR) concepts needed for work in the field. This up-to-date volume guides readers on how to quickly prototype wireless designs using SDR for real-world testing and experimentation. This book explores advanced wireless communication techniques such as OFDM, LTE, WLA, and hardware targeting. Readers will gain an understanding of the core concepts behind wireless hardware, such as the radio frequency front-end, analog-to-digital and digital-to-analog converters, as well as various processing technologies. Moreover, this volume includes chapters on timing estimation, matched filtering, frame synchronization message decoding, and source coding. The orthogonal frequency division multiplexing is explained and details about HDL code generation and deployment are provided. The book concludes with coverage of the WLAN toolbox with OFDM beacon reception and the LTE toolbox with downlink reception. Multiple case studies are provided throughout the book. Both MATLAB and Simulink source code are included to assist readers with their projects in the field.

**pll parents guide: Pretty Little Liars #2: Flawless** Sara Shepard, 2009-10-06 The #1 New York Times bestselling series that inspired the hit ABC Family TV show *Pretty Little Liars* and the upcoming HBO spin-off series *Pretty Little Liars: Original Sin*! Four pretty little liars have been very bad girls. Ever since the body of their former best friend was found, Aria, Hanna, Emily, and Spencer have been trying to figure out who could have killed her. But they've also been keeping some pretty big secrets...and now the mysterious "A" is threatening to reveal everything, including something so scandalous that the truth could ruin them forever. Perfect for fans of *One of Us is Lying*, *The Cousins*, and *A Good Girl's Guide to Murder*, this second book in Sara Shepard's #1 New York Times bestselling *Pretty Little Liars* series brings new twists to the thrilling and magnetically

compelling world of *Pretty Little Liars*, where everyone's got something to hide, and no secret stays buried for long.

**pll parents guide:** *The Parent Adventure* Rodney Wilson, Selma Wilson, Scott McConnell, 2009-01-01 Informed by research that reveals destructive parenting patterns are being handed down through most American families (including Christian households), *The Parent Adventure* looks to the church to help break this cycle and teach moms and dads how to prepare their kids for a lifetime with God. The problem starts when parents raise children based on their personal experiences growing up instead of using the Bible as the timeless, authoritative guide. Although seemingly painful at first, the parental attitude of "letting go" must begin intentionally at birth, keeping in mind that each child's life is more about knowing God than anything else. With this outlook established, the future-focused mom and dad will move more joyfully through each stage in the adventure of parenting as detailed in the book. Knowing God has a lifelong plan for each family member, parents and kids will grow closer to each other just as sure as they will grow closer to God.

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